



# JULY 2018 - Center Activities

## 609-448-7140

**LEGEND:** (IP) In Progress (\$) Fee/In-Person Registration (LD) Last Day

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 9:30 Drop-In Bridge 10 Fun with Yiddish (IP) 10 Move & Groove (LD) 11 Up to Barre (IP) <b>2 Musically Yours Concert</b> 1 Yarn It/ Games / T. Tennis	<b>3</b> 9 Games// 1 T. Tennis 9 M.T. Chorus 9:30 Body Works (IP) 10:30 Triple 15 (IP) 12 Chessmates <b>1 The Frisco Kid</b>	<b>4</b> <b>OFFICE CLOSED</b> 	<b>5</b> 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10 Ceramics 10:30 Body Works (IP) Mixed Watercolor (Flex??) <b>1 The Merry Widow</b>	<b>6</b> 9 Canasta// 1 T. Tennis 9 Zumba (LD) <b>10 Bagels Plus</b> 10 Boot Camp (LD) 10:30 Harmonica 12:30 Watercolor Exp. (LD) <b>1 Air Force One</b>
<b>9</b> 9:30 Drop-In Bridge 10 Fun with Yiddish (LD) Move & Groove (Flex?) 10 Up to Barre (IP) <b>10:30 Balance Build-Up</b> 1 Yarn It/ Games / T. Tennis <b>1:30 Heart &amp; Cholesterol</b>	<b>10</b> 9 Games// 1 T. Tennis 9 M.T. Chorus 9:30 Body Works (IP) 10:30 Triple 15 (3) 11 Green Thumbs 12 Chessmates <b>1:30 Pain and Solutions</b> <b>2 Collage with Karen (\$)</b>	<b>11</b> 9 H. Bones Pros (IP) <b>NEW: Total Toning (\$)</b> 10:15 Bodies in Motion (IP) <b>NEW: Line Dancing (\$)</b> 1 Parkinson's Support 1 Gems//Games// 2 Cribbage <b>2:30 Bee Gees Tribute, Live</b>	<b>12</b> 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10 Ceramics 10:30 Body Works (IP) Mixed Watercolor (Flex??)	<b>13</b> 9 Canasta// 1 T. Tennis Zumba (Flex?) Boot Camp (Flex?) 10:30 Harmonica Watercolor Exp. (Flex?) <b>1:30 An Afternoon w. Abe</b> <i>Details Inside About Our Post-4th Celebration!</i>
<b>16</b> 9:30 Drop-In Bridge Fun with Yiddish (Flex?) Move & Groove (Flex?) 11 Up to Barre (IP) <b>10:30 Pain Management</b> 1 Yarn It / Games & T. Tennis <b>1:30 Shakespeare's "Shrew"</b>	<b>17</b> 9 Games// 1 T. Tennis 9 M.T. Chorus 9:30 Body Works (IP) 10:30 Triple 15 (IP) <b>10:30 Pop-Up Cards (\$)</b> 12 ChessMates <b>1 Porter's Taming/Shrew</b> 1:30 Cancer Support <b>2 Charcoal/Pastels Demo</b>	<b>18</b> 9 Healthy Bones Pros 9 Total Toning (IP) 10:15 Bodies in Motion (LD) 10:15 Line Dancing (IP) <b>2 Movie Love Affair</b> 2:30 Diabetes Support	<b>19</b> 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10 Ceramics 10:30 Body Works (IP) 12:15 Duplicate Bridge <b>NEW: Mixed Watercolor (\$)</b> <b>1:30 What You Can Carry</b>	<b>20</b> 9 Canasta/ 1 T. Tennis <b>NEW: Zumba (\$)</b> Boot Camp (Flex?) 10:30 Harmonica <b>NEW: Watercolor Exp. (\$)</b> <b>1:30 Jerry's Travels</b>
<b>23</b> 9:30 Drop-In Bridge (IP) Fun with Yiddish (Flex?) <b>NEW: Move &amp; Groove (\$)</b> <b>10 Fun w. Alcohol Inks (\$)</b> 11 Up to Barre (IP) 1 Yarn It / Games & T. Tennis <b>1:30 Music BINGO (\$)</b>	<b>24</b> 9 Games// 1 T. Tennis 9 M.T. Chorus 9:30 Body Works (IP) 10:30 Triple 15 (IP) 12 ChessMates 1:30 Science Today (?) 2 Collage w. Karen (LD) <b>2 Michael &amp; Ted Present</b>	<b>25</b> 9 Healthy Bones Pros 9 Total Toning (IP) Bodies in Motion (Flex??) 10:15 Line Dancing (IP) <b>1:30 Boardwalk Bonanza(\$)</b> 1 Jewelry Gems 1 Games// 2 Cribbage 2 Caregivers Support	<b>26</b> 9 Beg. Healthy Bones 9 Chair Yoga (IP) 10:30 Body Works (IP) 10 Ceramics 12:15 Duplicate Bridge 12:30 Mixed Watercolor (IP) 1:30 ...What You Can Carry	<b>27</b> 9 Canasta// 1 T. Tennis 9 Zumba (IP) <b>NEW: Boot Camp (\$)</b> 10:30 Harmonica 12:30 Watercolor Exp. (IP) <b>11:30 Pizza Plus Tribute (\$)</b> <i>(Read about it inside....)</i>
<b>30</b> 9:30 Drop-In Bridge (IP) <b>9:30 Wellness Workshop</b> <b>10 Art of the Masters</b> 10 Move & Groove (IP) 11 Up to Barre (IP) 1 Yarn It / Games & T. Tennis <b>1 Indy &amp; The Last Crusade</b>	<b>31</b> 9 Games// 1 T. Tennis 9 M.T. Chorus 9:30 Body Works (IP) 10:30 Triple 15 (IP) 12 ChessMates <b>2 Charcoal/Pastels (\$)</b> <b>2 Life of Samuel Morse</b>	<b>All Special Programs Require Registration.</b> ⇒ <i>Easier Admission!</i> ⇒ <i>Guaranteed Seat!</i> ⇒ <i>Program Update Calls!</i>  <i>First Day of Registration</i> <i>Subject to Change Each Month.</i>		<b>Program Payments</b> <i>While it might be "old fashioned", we still prefer the tried, but true method of in-person payments. It's more personable; there are no accounts to set up; there's a feeling of closure; and, there's no computer hic-ups. We appreciate your cooperation as we continue with this oldie but goodie.</i>