

Take Your Interest To The Next Level...

MONROE TOWNSHIP • FALL 2012 • COMMUNITY EDUCATION

MONROE
TOWNSHIP
COMMUNITY
EDUCATION

MTCE

29

YEARS
CONNECTING
OUR
COMMUNITY

MTCE MONROE TOWNSHIP COMMUNITY EDUCATION *A Unique Program, Serving a Unique Community*

The Monroe Township Community Education program offers diverse educational and leisure time activities designed to meet the needs of every member of our community.

If you retrieved a hard copy of this brochure and have not yet subscribed for an electronic version from our website please visit us online at www.Monroe.K12.NJ.US click on Programs/Organizations tab, on the left go to List Serv to sign up now. In doing this, you will be helping us move towards our goal of "Going Green".

We are grateful for the support of the Board of Education, administration, staff, and community. Everyone's contribution to the success of the Community Education Program is greatly appreciated. Without this collaboration we would not be able to offer such a tremendous program to Monroe Residents!

Many friendships have begun here. Students become volunteers and teachers. Teachers and volunteers become students. Once people become involved with us they stay involved.

We're proud of our history, and we're proud that we continue to deliver excellence in Education as we celebrate the 2012-2013 season. We invite you to become involved during this exciting session or, plan to join us as we put together our Spring 2013 program. We need your ideas, your energy, your participation and your support.

Give me a call at (732) 887-8244 Ext. 2124 and let's talk! Looking forward to hearing from you.
Yours in Service,

Maria Naumik.

Director of Community Education, Monroe Township School District

— TABLE OF CONTENTS —

THE ARTS.....	1
Dance.....	1
Fine Arts.....	1,2
LECTURES IN THE ARTS.....	2,3,4
Art.....	2
Film.....	2
Literature.....	2,3
Music.....	3,4
CARDS.....	5
COMPUTER/TECHNOLOGY.....	5
CULINARY ARTS.....	6
DOLLARS & SENSE.....	6
DRIVER'S POINT REDUCTION.....	7
HEALTH & WELL BEING.....	7
LANGUAGE.....	8
LEISURE ACTIVITIES.....	8,9
PSYCHIC CHANNELING.....	9,10
SPORTS & FITNESS.....	10,11
MAP & SITE ADDRESSES.....	12
REGISTRATION INFORMATION.....	13
REGISTRATION FORM.....	13

EXCITING PROGRAM ADDITIONS

- *New Technology Courses*
- *Expanded Leisure Activities Section*
- *Several New Literature Lectures*
- *Over 80 Courses To Choose From!*

THE ARTS DANCE

BALLROOM DANCING

0100 **8 T: 9/11-11/20** **7:30-9:00 p.m.** **\$89**

Ken Kijak will waltz you through elegant dancing for weddings, anniversaries, or that special night out. Develop poise, grace, coordination and self-assurance while having fun learning the basics of Foxtrot, Rhumba, Cha Cha and Swing. Proper leading, following footwork techniques are stressed. Learn the steps and etiquette of formal dance to make your evening truly memorable. Partners are preferred, but not required. Please wear low-heeled shoes that give you proper support. No sneakers, rubber soled or open shoes.

COUNTRY LINE DANCING

0101 **8 Th: 9/20-11/15** **6:30-8:30 p.m.** **\$89**

Have you ever seen Country Line Dancing and wondered what it is or seen it and just wished you could do it? Or maybe you've been dancing but wanted to learn more. This is the class for you. Come join **Harry Westervelt & Gail Young-Leach**, The Silver Spurs, to learn the hot new dances and classic dances that will get you on the dance floor no matter where you go to dance. Line dancing is probably the most socially rewarding experience you can have. It's about lots of likeminded people getting together having fun and learning new dances. *Please wear leather soled shoes (no sneakers please). Bring a bottle of water and be ready to make new friends, and have lots of fun.*

FINE ARTS

LIFE DRAWING

0102 **8 T: 9/11-11/20** **6:30-9:00 p.m.** **\$89**

Learn to draw and paint with live models using various techniques from pencil to watercolor. Join **Maurice Mahler**, Art Historian, and Teacher of Art in many schools and colleges in New Jersey as he covers the effects of light on the human figure. Bring drawing pad, paper, white and black conte crayon, plus pencils or marker pens. *Co-sponsored by the Monroe Township Cultural Arts Commission.*

PASTELS

0103 **9 Th: 9/13-11/13** **6:30-8:30 p.m.** **\$99**

Do you want to know more about Pastels? Whether you are an experienced Pastel artist or somebody who is completely new to the joy of producing art with pastels you'll find this very talented instructor, **Solomon Kadoche**, interesting with lots of useful information and advice on how to be a successful pastel artist. Mr. Kadoche was born in Casablanca, Morocco and has dedicated his life to perfecting his craft and producing quality work. Now settled in Monroe, he explores undiscovered places in the Garden State and continues to produce breathtaking renditions of reality. Bring your pad and pastels and plan to be stimulated. *Co-sponsored by the Monroe Township Cultural Arts Commission.*

POTTERY

0104 **8 T: 9/11-11/20** **7:00-9:00 p.m. or** **\$100**
0104A **9 Th: 9/13-11/15** **7:00-9:00 p.m. or** **\$112**
0104B **17 T / Th: 9/11-11/20** **7:00-9:00 p.m.** **\$200**

Express yourself in clay. **Bob Renz** will teach beginners to use basic hand building techniques to create one-of-a-kind projects. More advanced students will develop skills at the potter's wheel and glazing. There will be a slight emphasis on Raku firing, with two outdoor fires scheduled. Enjoy the relaxed atmosphere that accompanies the experience of working with clay. *Materials Fee: \$20 for clay and basic glazes, due to the instructor on first night of class.*

HANDWRITING IN THE 19TH CENTURY

0105 **1 T: 10/2** **6:30-8:30 p.m.** **\$8**

Discover with **Terry Antoniewicz** how commerce drove the need to begin "handwriting collages" and how marriage proposals changed with the development of writing with antique tools and copies of civil war letters will highlight the presentation. *Sponsored by the Monroe Township Cultural Arts Commission.*

NEW! SIGNATURE ANALYSIS FOR FUN

0106 **1 T: 10/9** **6:30-8:30 p.m.** **\$8**

Join this interactive presentation with **Terry Antoniewicz** to review 18 clues of handwriting and reveal some of your personality using the same techniques of writing analysts! *Sponsored by the Monroe Township Cultural Arts Commission.*

NEW! FORGERIES: THE SCAMS, THE SCAMMERS, THE SCAMMED

0107

I T: 10/169

6:30-8:00 p.m.

\$8

There has been as much curiosity about forgers as the documents they forge. This program will cover forgeries of documents purported to be done by Lincoln, Whitman, Hitler and Shakespeare. Join **Terry Antoniewicz** for this class. *Sponsored by the Monroe Township Cultural Arts Commission.*

WATERCOLOR/INTERMEDIATE

0108

8 T: 9/11-11/20

7:00-9:00 p.m.

\$89

Explore this exciting and spontaneous media with **Robert E. Heyer**. Learn simple techniques that will increase your ability to create watercolors with strength. Seeing and controlling values will be stressed along with the use of soft, hard and rough edges that will become your vocabulary of expression. You will also explore lost and found edges. Everyone will paint along with the instructor dealing with each part of the painting process as required to create a final watercolor.

LECTURES IN THE ARTS ART

NEW! LECTURE ON MARC CHAGALL

0109

I Th: 9/13

6:30-8:30 p.m.

\$8

A new documentary with actual scenes and interviews with Chagall as he paints wonderful stories. Lecture by **Maurice Mahler**, Art Historian and Teacher of Art in many schools and colleges in New Jersey. *Sponsored by the Monroe Township Cultural Arts Commission.*

NEW! LECTURE ON THE IMPRESSIONISTS

0110

I Th: 9/20

6:30-8:30 p.m.

\$8

A new film from France follows the Impressionist movement and the main Artists involved. Both Men and Women. Lecture by **Maurice Mahler**, Art Historian and Teacher of Art in many schools and colleges in New Jersey. *Sponsored by the Monroe Township Cultural Arts Commission.*

FILM

A DESILU PRODUCTION: 60 YEARS OF LOVING LUCY

0111

I T: 10/16

7:00-9:00 p.m.

\$8

On Monday night, October 15, 1951 television audiences were introduced to redheaded housewife Lucy Ricardo, her husband, Ricky and their neighbors, Fred and Ethel Mertz. Learn along with instructor **Bill Osman** about this television classic: its history, little known facts about the show, see actual props and merchandising from the series, and laugh again at Lucy's antics. "Join the thousands of happy, peppy, people," who love Lucy. *Sponsored by the Monroe Township Cultural Arts Commission.*

LITERATURE

EDGAR ALLAN POE

0112

I T: 10/30

7:00-8:00 p.m.

\$8

Come and celebrate the spirit of Halloween by listening to a talk on Edgar Allen Poe by our own local "expert" on Poe, **Irene Curran**, a teacher of 34 years in Monroe Township. This is her second annual talk and this year, the talk will be centered around some of his short stories, such as "The Tell Tale Heart," "The Black Cat", "The Masque of the Red Death" and "The Pit and the Pendulum" – Poe was the first author to write macabre for the sole purpose of scaring the reader and as a result, is called "The Master of the Macabre". Come listen and learn about one of America's most celebrated authors ...

Sponsored by the Monroe Township Cultural Arts Commission.

NEW! CHARLES DICKENS

0113

I T: 11/20

7:00-8:00 p.m.

\$8

In the spirit of the coming holiday season, come listen to a lecture by **Irene Curran** on the author often called "The Father of Christmas", Charles Dickens second greatest writer of all literature. In 1843, the same year that the Christmas card came out, Dickens wrote "The Christmas Carol" and it was received with great acclaim, public and critical. Come hear about this story and how it came to be and about the life of Charles Dickens, the good and the bad!! You will not be bored or disappointed!!! *Sponsored by the Monroe Township Cultural Arts Commission.*



The following two lectures will be presented by Nicholas Oliva, a poet, photographer, audio engineer, and an Entertainment /Technical Director for many years in Nevada, Puerto Rico, and NJ. To date he has written 2 books, the 1st entitled “Only Moments” a time-traveling novel that follows the lifetime journey of the professional musical careers of two lovers that begins in the year of 2020 and reverts to 1970 where the characters relive their experiences and the 2nd a non-fiction book about spirituality and his near-death experience or NDE.

NEW! THE ORIGINS OF THE NEW TESTAMENT

0114 **1 TH: 11/1** **7:00-9:00 p.m.** **\$8**

This lecture will detail the historical non-religious aspects of the evolution of what is now the modern-day King James Bible and how and where each of the many versions came to be. It begins with the time of the decree of King Constantine in 325AD for a codex for this “new Christianity” and will show how The Bible was used as a tool of empowerment for the Roman Empire’s Holy Catholic Church to bestow what is essentially the divine right of Kings to rule their subjects as part of what was the “Church/State” that existed up until the American Revolution. This is a historical lecture regarding the evidence of the transformation of both language and form of the New Testament and not a debate or discussion of whether it is the actual “Word of God.” There will be a question and answer session following the lecture. *Sponsored by the Monroe Township Cultural Arts Commission.*

NEW! THE GOLDEN RIVER BEYOND: A NEAR DEATH EXPERIENCE

0115 **1 TH: 11/15** **7:00-9:00 p.m.** **\$8**

A lecture on the author’s book “Finding God: To Believe or Not to Believe” in which he writes of his Near Death Experience in intensive care unit for forty days after he survived a life or death operation that doctors gave him very low odds of doing so. This lecture explores spirituality, religion, as well as atheism and integrates the aspects of the 20th relativity and 21st Century quantum physics in the quest for finding the eternal pondering’s of “what is reality.” There will be a question and answer session following the lecture. *Sponsored by the Monroe Township Cultural Arts Commission.*

NEW! “HERE’S LOOKING AT YOU!”

0116 **8 TH: 9/13-11/1** **7:00-8:30 p.m.** **\$24**

Instructor **Rabbi Louis Stein** will offer an overview of American Jewish Life as reflected in selected writings of two celebrated authors, Bernard Malamud and Philip Roth. Malamud explored grand universal themes while Roth’s works of fiction go through three distinct stages.

MUSIC

The following four lectures will be presented by pianist, singer, and lecturer Fred Miller. Fred has spent the last several decades in many musical fields including grand opera musical comedy, classical piano and chamber music. Your evening will be an unusual combination of entertainment and education. Sponsored by the Monroe Township Cultural Arts Commission.

HOW YA GONNA KEEP EM DOWN ON THE FARM? (1892-1919)

0117 **1 T: 10/2** **6:00-7:15 p.m.** **\$8**

Musical and anecdotal overview of the era preceding World War I.

HAPPY DAYS ARE HERE AGAIN (1920-1929)

0118 **1T: 10/9** **6:00-7:15 p.m.** **\$8**

Musical and anecdotal overview of the Roaring Twenties.

WHO’S AFRAID OF THE BIG BAD WOLF (1930-1937)

0119 **1 T: 10/23** **6:00-7:15 p.m.** **\$8**

Musical and anecdotal overview of the Great Depression Era.

SENTIMENTAL JOURNEY (1938-1945)

0120 **1 T: 10/30** **6:00-7:15 p.m.** **\$8**

Musical and anecdotal overview of the World War II Era.

GEORGE GERSHWIN – AMERICAN COMPOSER & PIANIST

0121 **1 TH: 9/13** **6:00-7:30 p.m.** **\$8**

Arthur Einhorn, in lecture and performance will have a one hour lecture / performance reviewing the composer, his life and his works. *Sponsored by the Monroe Township Cultural Arts Commission.*

COLE PORTER THE MAN AND HIS MUSIC

0122 I Th: 10/4 6:00-7:30 p.m. \$8

Pianist **Arthur Einhorn** presents a lecture about Cole Porter and a piano performance of his major hits. He will review the songwriter's life and his works. Porter is remembered as a major American songwriter and lyricist. He wrote sophisticated, suggestive lyrics, clever rhymes and complex form of music for his songs. *Sponsored by the Monroe Township Cultural Arts Commission.*

The following three lectures will be offered by David Aaron, a professional clarinetist bandleader who lectures on all phases of American music from the 1920's to the 1970's. Classes sponsored by the Monroe Township Cultural Arts Commission.

NEW! LESSER KNOWN BIG BANDS FROM THE BIG BAND ERA

0123 I Th: 9/11 7:00-8:00 p.m. \$8

Take a deeper look into news events and the music of some of the other lesser known Big Band Leaders from the big band era. Talk about and listen to music by Chick Webb, Erskine Hawkins, Jerry Walk, Charlie Spivack, Ziggy Elman, Eddie Duchin, Kay Kayser, Sammy Kaye, Jan Savitt and lots more. Learn how they were able to compete with the nationally known big name band leaders and their orchestras. Recordings of Anita O'Day, Rosemary Clooney, Billie Holiday, etc. will be included, plus we'll discuss interesting tidbits and news from the 1930's and 1940's.

NEW! MUSIC & EVENTS 1955 TO 1960 / DOO WOP TO MOTOWN

0124 I Th: 9/13 7:00-8:00 p.m. \$8

This class deals with the music from 1955 to 1960 which we call the era of the growth of the vocal groups. We'll feature groups and solo performers like the Coasters, The Platters, Little Richard, Jerry Lee Lewis, even Debbie Reynolds and her hit, "Abba Daba Honey Moon". Do you remember, Florian Zback and his recording of "The HotCanary" or The Penguin's singing "Earth Angel"? Come and reminisce, and enjoy one of the greatest periods of American popular music.

NEW! SINGERS AND MUSIC OF MOTOWN

0125 I T: 9/20 7:00-8:00 p.m. \$8

The new music of the 1960s was born in the motor city of Detroit. It was the music of The Baby Boomers, and it was called Motown, it was hot and it was great. What do you know about Elvis Presley, the Drifters, The Tokens, The Marcells, Dion and the Belmonts, Diana Ross and The Supremes, Martha and the Vandellas and many more of the great singers and groups from the 1960's. Enjoy a solid hour of music and trivia about the 60's with plenty of music, conversation, and memories.

LATIN MUSIC ENSEMBLES: THE ART OF PLAYING TOGETHER

0126 I Th: 9/27 7:00-9:00 p.m. \$8

Experience the magic of Latin music with **Hector Morales** by playing as part of a percussion ensemble. Play fascinating rhythms as the Samba from Brazil, Merengue from Dominican Republic, Cha Cha Cha from Cuba and many more while learning about the music and culture of Latin America! *Sponsored by the Monroe Township Cultural Arts Commission.*

NEW! COLORS IN MUSIC

0127 I Th: 10/18 7:15-8:30 p.m. \$8

Colors influence our daily lives why not music? With songs like, "Deep Purple", "Blue Moon" and "Red Sails in the Sunset". It is clear that colors have had an effect on music. **Marvin Fischer** with story and songs on the piano will take us through colors in music. *Sponsored by the Monroe Township Cultural Arts Commission.*

NEW! MUSIC FROM AMERICAN OPERETTAS

0128 I Th: 10/25 7:15-8:30 p.m. \$8

Some of the most beautiful music has come from composers of American operettas. Sigmund Roombergh, Victor Herbert, and Rudolph Friml have composed songs for operettas that have entertained people throughout the 20th Century. **Marvin Fischer** through story and songs on the piano will take us through this great music. *Sponsored by the Monroe Township Cultural Arts Commission.*

NEW! WEATHER IN MUSIC

0129 I T: 10/11 7:15-8:30 p.m. \$8

There have been many influences in music, among them the weather, with songs like "Stormy Weather", "On a Clear Day", or "Come Rain or Come Shine". It is clear that weather is part of music. **Marvin Fischer** with story and songs on the piano will take us through the weather in music. *Sponsored by the Monroe Township Cultural Arts Commission.*

CARDS

BRIDGE BEGINNER

0200 **8 T: 9/11-11/20** **6:30-9:00 p.m.** **\$98**
Learn to play this challenging game with instructor **Janet Wood** from the very beginning and hone your developing skills by playing structured hands at the end of each session.

BE A BETTER BRIDGE PARTNER

0201 **8 Th: 9/13-11/1** **6:30-9:00 p.m.** **\$98**
Bridge is the ultimate partnership game. This intermediate level course stressing better bidding and signaling will improve your skills as a partner. At the end of each lesson you will play structured hands to practice them with instructor **Janet Wood**.

COMPUTER/TECHNOLOGY

MICROSOFT WORD 2007-2010 / BASIC

0300 **4 T: 10/4-10/25** **6:00 -8:00 p.m.** **\$88**
Alan Briskin, a retired Vice President and Chief Information Officer (CIO) of the CIT Group, and currently a partner at Senior Technology Associates, LLC, will begin this class by introducing you to the basic functions of Microsoft 2007-2010. Differences between previous versions and Word 2007-2010 will also be covered.

MICROSOFT WORD 2007-2010 / INTERMEDIATE

0301 **2 Th: 11/1-11/15** **6:00-8:00 p.m.** **\$72**
 2 T: 11/13 & 11/20
Alan Briskin will concentrate on more advanced features of Word 2007/2010. Included will be page and text justification, line spacing, bullets and numbering, inserting a text box, formatting text, print preview, tables and columns, find and replace, inserting clip art, borders and shading, watermarks, e-mailing documents, and mail merge.

COMPUTER BASICS

0302 **1 T: 10/23** **6:00-9:00 p.m.** **\$27**
Alan Briskin will present an easy, hands-on approach to using a computer. Learn how to properly use the mouse and keyboard, understand the computer desktop, and discover what types of programs are available.

FILE AND FOLDER MANAGEMENT

0303 **1 T: 10/30** **6:00-9:00 p.m.** **\$27**
Become skilled at managing and manipulating the completed desktop with **Alan Briskin**. Learn the proper way to name and save files, photos or graphics, move them to folders and organize them for easy retrieval. Then learn to rename and delete files and folders or move them onto or from a disk, CD, or Thumb Drive.

NEW! EVERYTHING MAC

0304 **5 Th: 10/11-11/15** **7:00-8:30 p.m.** **\$49**
In this class students will be learning from Instructor **Michael Harrigan** why the MAC is the way to go. Students will finally understand the magical experience that the MAC brings.
(No Class 11/8/12)

NEW! LEARNING THE IPHONE

0305 **4 Th: 9/13-10/4** **7:00-8:30 p.m.** **\$39**
In this course **Michael Harrigan** will be teaching the ins and outs of the IPHONE. You will learn everything from simple tasks to advanced settings.

NEW! LEARNING THE IPAD

0306 **5 T: 10/2-10/30** **7:00-8:30 p.m.** **\$49**
During each class the students will be learning something new about the IPAD. The IPAD has amazing power waiting to get unleashed and you will learn how to do that with your instructor **Michael Harrigan**.



CULINARY ARTS

Chef/ Owner of the Jersey Girl Café in Hamilton, NJ, Chef Kathleen Rana enjoys introducing her students to new recipes, easy culinary tricks, and surprising flavor combinations. The following two classes include some instruction on knife skills and safe food handling.

NEW! SUSHI MAKING AT HOME

0400

1 T: 10/2

7:00-9:30 p.m.

\$21

Join this hands-on class for a fun evening of sushi making! We will prepare a variety of sushi rolls including maki rolls, inside-out rolls, and inari sushi using vegetables, cooked seafood and some raw seafood for the real sushi and sashimi enthusiasts. We will also discuss how to prepare sushi rice and the proper way to eat sushi. You will leave this class with your own bamboo sushi mat for home sushi rolling. *Materials fee: \$15 due to the instructor on night of class.*

NEW! HOLIDAY APPETIZERS

0401

1 T: 11/13

7:00-9:30 p.m.

\$21

Are you ready to wow your friends and family with some new appetizers for the holidays? In this hands-on class we will prepare a combination of super easy snacks and more involved hors d'oeuvres that will become new favorites for the 2012 holidays and well into the future. *Materials fee: \$15 due to the instructor on night of class.*

DOLLARS & SENSE

NEW! COLLEGE PLANNING RELIEF

0500

2T 11/13, 20

7:00-8:30 p.m.

\$16

This program, designed by **Louis Cilento**, is meant to simplify the entire process of sending a child to college. It helps parents clearly understand their options, provides the keys to making college more affordable, dispels myths surrounding aid qualification and arms parents with the best practices for school selection.

COMPLETE FINANCIAL MANAGEMENT WORKSHOP

0501

3 Th: 10/4, 11, 18

6:30-9:30 p.m.

\$49

This Seminar presented by **Joseph P. Silvestri, CFR(R), CHFC, CASL, CLTC Frank Gordon, Financial Planner; Antoinette Gega, CASL Financial Advisor, MST of Creative Financial Group of New Jersey** introduces the key concepts and practices of wide money management. Students will learn ways to minimize taxes, maximize investment returns, and estate planning for the future. The Seminar will teach students about different types of investments, how each one works, and which are appropriate for individual financial situations. Areas of discussion will include inflation's impact on savings, how compound interest works, stocks, bonds, mutual funds, students own personalized financial plan suited to their assets and objectives. One workout per registration, spouse or guest is welcomed.

PROTECT ASSETS, BE DEBT FREE & GAIN FINANCIAL INDEPENDENCE

0502

2T: 10/2, 9 or

6:30-8:30 p.m.

\$16

0502A

2T: 10/23, 30 or

0502B

2T: 11/13, 20

"Money makes the world go around"... but money and how it actually works is a mystery. In this workshop you will learn how money works and how to make it work for you. Uncover the secrets of the wealthy and how to protect your family in the event you die too soon or live too long. Discover the way to become debt free and on the road to financial freedom. In this course, you will learn the right questions to ask a financial planner in order to take charge of your own finances. This class is presented by **David Rothman and Stan Perlman of Primerica Financial Investments, Inc. (member of FINRA).**

NEW! SAVVY SOCIAL SECURITY PLANNING

0503

1 Th: 10/18

7:00-9:00 p.m.

\$8

Michael Roberts, CPA will present a guide of options for maximizing Social Security benefits, how benefits are calculated and how it can have a major effect on your lifetime income. The course is intended for individuals and couples who are not yet receiving Social Security retirement benefits.



DRIVER'S POINT REDUCTION

PRINCETON DRIVING SCHOOL

0600	I S: 9/15 or	9:00 a.m. – 3:00 p.m.	OFFSITE
0600A	I S: 10/27	9:00 a.m. – 3:00 p.m.	\$89

For drivers who want to have violation points removed from their licenses **Princeton Driving School** offers this state approved, 6-hour course. Learn how to correct the negative habits that lead to drivers license and be eligible to receive a minimum of 5% off your annual auto insurance premiums for a 3-year period. The insurance discount is renewable by attending the course every three years. Business owners if your employees are driving company insured vehicles, this course will definitely save you money. *Classes will be held at Princeton Driving School, 2561 Yardville-Hamilton Square Road.*

HEALTH & WELL BEING

NEW! THERMOGRAPHY / BREAST CANCER RISK REDUCTION

0700	I Th: 10/11	7:00-8:00 p.m.	\$16
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Learn everything you always wanted to know, from **Dr. David Wendel** of the Natural Health & Wellness Center, about how you may naturally lower your risk of cancer by over 85%. Breast cancer can take up to ten years to develop. Early detection is your Best Defense ... and can save your life!

CHOLESTEROL: THE STICKY TRUTH THAT THEY WON'T TELL YOU

0701	I Th: 9/20	7:00-8:00 p.m.	\$16
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Confused about the new information that exists about your cholesterol levels? What to learn about the truth? In this workshop you will learn about the truths and myths of your body's cholesterol levels. Find out why cholesterol is a poor tool in determining your chances of heart disease, heart attack, and stroke. The workshop is full of information that you need to know and **Dr. Wendel** of Natural Health & Wellness Center will explain that to you. It will be life changing.

GOT BELLY FAT!

0702	I Th: 11/1	7:00-8:00 p.m.	\$16
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Have you noticed that you are different from a horse? Then why take horse hormones to fix a human condition? This workshop given by **Dr. David Wendel** of Natural Health & Wellness Center really spells out the "Who", "What", "Where", "How" and "Why" of chronic poor health issues, as well as explains the trouble we have with unwanted belly fat. Why diet and exercise often fail to produce improved health, and have hormonal balance plays a major role in your health and belly fat.

NEW! WHAT BABY BOOMERS NEED TO KNOW ABOUT MEDICARE

0703	I Th: 10/11	6:30-9:00 p.m.	\$8
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Michael Roberts, CPA, will present an overview of Medicare, what it does and doesn't cover, how it is funded and what options are available to the individual.

The following six classes will be presented by Carl G. Archer, Esq., a licensed attorney in New Jersey, New York, and Pennsylvania, practicing in Hamilton, New Jersey. He is a member of National Association of Elder Law Attorneys, accredited by the US Department of Veterans Affairs, and was awarded the 2012 Super Lawyers "Rising Star" in Elder Law. The series of classes, a combination of lecture, discussion, interactive exercises, and powerpoint presentations, will be taught at a basic level, with advanced questions handled separately.

NEW! INSURANCE ISSUES PANEL

0704	I T: 10/2	7:00-9:00 p.m.	\$8
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NEW! MEDICAID PRESENTATION WITH HANDOUTS

0704A	I T: 10/9	7:00-9:00 p.m.	\$8
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NEW! MEDICARE

0704B	I T: 10/16	7:00-9:00 p.m.	\$8
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NEW! FINANCIAL PLANNING & MAXIMIZING INCOME

0704C	I T: 10/23	7:00-9:00 p.m.	\$8
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NEW! FREE ADVANCE DIRECTIVES

0704D	I T: 10/30	7:00-9:00 p.m.	\$8
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NEW! POA & WILL CLINIC

0704E	I T: 11/13	7:00-9:00 p.m.	\$8
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LANGUAGE

NEW! SPANISH FOR BEGINNERS

0800

7 Th: 9/13-11/15

6:30-8:30 p.m.

\$86

In this course with Instructor, **Barbara Rosenthal** will include beginning conversation, reading and writing. The course would also cover many aspects of the Spanish culture, including people and countries.

LEISURE ACTIVITIES

The following three beading classes are designed for your use by Suzanne Hye, owner of Hye on Beads in Monroe Township. Suzanne has been beading since 1991 when she studied under the Master Beader Henrietta Verchick. A member of the Bead Society of New Jersey, Suzanne vends at various shows such as Interweave Press Beadfest Philadelphia. Come join her to begin your journey into beading. Instructor will provide materials, tools and written instructions.

FIVE STRAND PEARL & BEAD NECKLACE

0900

2 Th: 9/20, 27

6:00-9:00 p.m.

\$23

Learn how to make a multi-strand pearl necklace to either twist together, or make as graduated-length necklace. You will be learning how to finish a multi-strand necklace with cones. You will be using freshwater pearls, gemstones, glass beads, crystals and seed beads in a warm, soft palette. Each necklace will be unique! Instructor will provide materials, tools and written instructions. *Materials Fee: \$45 Due to instructor on night of class.*

EARRINGS, EARRINGS, EARRINGS!

0901

1 T: 10/16

7:00-9:00 p.m.

\$46

This class is devoted to learning earring techniques. We will start simply, and keep moving on to new techniques and materials Your ears will never go naked again! Non-pierced earring findings available. *Materials fee: \$20 Due to instructor on night of class.*

“A NIGHT ON THE TOWN” NECKLACE AND EARRINGS”

0902

1 T: 11/20

7:00-9:00 p.m.

\$46

Create a stunning necklace of diamond-shaped Swarovski crystals, Swarovski crystal rondelles and big, glorious freshwater pearls suspended on 24K Gold or Sterling Silver wire, along with matching earrings. Students will have a choice of many gorgeous color schemes. Instructor will provide materials, tools and written instructions. *Materials fee: \$35 Due to Instructor on night of class.*

NEW! PLASTIC TO PERFECT

0903

3 Th: 10, 18, 25

7:00-9:00 p.m.

\$8

Join **Maxine Stern** and learn how to recycle supermarket shopping bags into handbags and water bottle holders. Materials required to bring to class are USED shopping bags, scissors, size 10 knitting needles and/or size 8 crochet hook. Prior knowledge of knitting and crocheting is suggested and varying levels of experience will be accommodated with gentle care. The process is simple and useful. Samples and photos will help to inspire your creations. *Sponsored by the Monroe Township Cultural Arts Commission.*

NEW! ORCHID GROWING FOR EVERYONE

0904

2 T: 10/2, 9

6:30-8:30 p.m.

\$32

In this course, **Roslynn Greenberg** will first discuss a number of common orchid varieties. This will be followed by a discussion of the general conditions necessary to grow orchids successfully. In addition, there will be discussion of the various orchid mixes that are suitable for different types of orchids, pests and diseases and how to combat them. The information provided should improve the knowledge of the novice grower and provide them the ability to grow excellent plants for their enjoyment and enhancement of their home and/or office.

Please take notice:

Most classes are now being held at the New Monroe Township High School located on School House Road unless otherwise noted in the course description.

NEW! THE ART OF BONSAI

0905 **2 T: 10/2, 9** **6:30-8:00 p.m.** **\$8**

This course designed by instructor, **Charles Gausten** is specifically for students who have had no experience in this fascinating living horticultural art form. Major emphasis will be on the theory and techniques of Bonsai design, pruning, wiring and potting. There will be a slide lecture, demonstration and workshop. During the workshop period, individual instruction will be given to help each student create their own bonsai. *Materials Fee: \$25 due to the instructor on first night of class.*

NEW! TELEVISION PRODUCTION

0906 **8 T: 9/11-11/20** **6:00-8:00 p.m.** **\$99**

Students will have the opportunity to learn how a TV studio operates. They will learn how to use each piece of equipment and then be given the opportunity to either act as crew on a local show to be aired on Monroe’s cable station, and/or produce their own shows. Equipment to be used includes the studio cameras, the switcher, audio board, character generator, teleprompter, recording computer, as well as learning how to direct a show. This is a hands-on class, taught by **Stephen Geller**. *There will be NO CLASS on Tuesday, 11/5.*

The following two courses will be taught by instructor, Christine Cook. She has over 35 years experience as a photographer in 35 mm, medium format, and digital photography. She is a member of NAPP (National Association of Photoshop Professionals) and brings a wealth of experience to her students.

GETTING THE MOST OUT OF YOUR DSLR CAMERA

0907 **6 T: 10/2-11/13** **7:00-9:30 p.m.** **\$99**

It may be called a DSLR or one of the new Micro 4/3 or mirror less cameras (for example Olympus PEN, Sony NEX-7 or Nikon 1.) You’re not quite sure that you are getting the most from your camera to make that “perfect image”. We will explore your camera’s scenic settings or artistic filters. We will talk about shooting in Aperture, Shutter Priority, & Manual Mode. We’ll identify critical menu items that you need to know. We will take pictures weekly and review images in class. Bring your camera (with charged battery) and instruction manual to the first class.

CREATING STRONGER PHOTOGRAPHS

0908 **6 T/Th: 9/13-10/18** **7:00-9:30 p.m.** **\$99**

The heart of a strong photograph is one that captures the photographer’s intent. We will discuss the visual language of lines, repetition, contrast light and color. We will also review how decisions about framing, placement, focus and exposure influence the image. Presentation, weekly photo assignments, and weekly critique/feedback from the basis of learning. It is recommended that attendees purchase the book **Photographically Speaking**, by David duChemin.

WATERCRAFT AND SAFE BOATING/PERSONAL

0909 **1 T: 9/11-1Th: 10/18** **7:00-9:30 p.m.** **\$80**

This basic boating class, brought to you by **Coast Boating School**, is the approved class for the mandatory certification of all individuals to operate any type of powerboat or personal watercraft. This course covers the basics such as rules of the road, laws and safety. Class is suitable for adults and children sixteen years and older. *All materials included. MASBLA approval for discount.*



PSYCHIC CHANNELING

SPIRIT ENCOUNTERS

1000 **1 Th:10/25** **8:30-10:00 p.m.** **\$39**

In recent years, psychics have appeared on national television shows demonstrating the ability to contact deceased loved ones related to audience members or callers. Now, in this revolutionary and incredible workshop, psychic **Marc Sky** takes you one step beyond even that; he shows you how to do it yourself. Through a guided out-of- body experience you can visit friends, family members and others so you can talk with them, connect and relive happy times. Please bring a pillow and sleeping bag or mat. *Materials fee: \$10 due to instructor the night of class for a guiding CD.*

STOP SMOKING WITH HYPNOSIS

1001 **I Th: 10/4** **8:30-10:00 p.m.** **\$39**
Half a million people died last year of smoking associated diseases. Millions more suffer from illnesses related to their smoking habits. And you know what your friends and loved ones think. Kicking the habit begins in your mind. Instructor **Marc Sky** will help you get back to a more productive, energetic, healthy and longer life. If you truly want to give it up and you just can't know how, this class can help you. Please bring a pillow and sleeping bag or mat. *Materials fee: \$19 due to the instructor the night of class for a special reinforcement CD.*

LOSE WEIGHT WITH HYPNOSIS

1002 **I Th: 10/4** **6:45-8:00 p.m.** **\$34**
Here are a few problems that those extra pounds of yours can be linked to: high blood pressure, stress, ulcers, being discriminated against, etc. The more you weigh, the harder your heart has to work, and that is not good news. Don't let excessive weight be your curse. You've heard that "diets don't work". There is some truth to that. Weight loss begins in your mind. **Marc Sky** will help you discover the easy way to start shedding those extra pounds through the power of your mind with hypnosis. Take charge of your life. Please bring a pillow and a sleeping bag or mat. Materials fee: \$10 due to the instructor the night of class for a special reinforcement CD.

PAST LIVES

1003 **I Th: 9/27** **8:30-10:00 p.m.** **\$39**
Who were you in your last life? A past life regression may give you answers to this and other questions. Have you lived before? Many people feel that we have. Using methods of self-hypnosis, some very interesting things are revealed that could help you improve your life. Whether to find your soul mate, learn a lesson from the past or just for the fun of experiencing an exciting new adventure, you can find out with **Marc Sky**. Please bring a pillow and sleeping bag or mat.

PSYCHIC READING

1004 **Th: 10/25** **6:45-8:00 p.m.** **\$34**
Have you ever had a psychic reading? Here's a fun and exciting opportunity to find about yourself, your relationships, and your future. You will have your palm read and find out all about love, business, relationships, and more. You will also receive an eight page detailed numerology chart prepared specifically for you by **Marc Sky**. When you sign up for the class, please provide your first and last name and your birthday.

SUPER POWER MEMORY

1005 **I Th: 9/27** **6:45-8:30 p.m.** **\$34**
How to remember anything, anytime, anywhere easily with **Marc Sky**. Are you terrible at remembering names? Forget where you put your car keys? There is an explosion of knowledge that you must absorb in order to succeed in today's world. Don't get left behind! Learn the secrets of developing a near photographic memory with very little effort. Discover easy and sure fire ways to instantly recall names, faces, lists, instructions, school work, English and foreign vocabularies. Whether you're a student looking to getting better grades or a salesperson who has to remember your customer's names, you WILL PROFIT from this course. Workbook is included.

SPORTS & FITNESS

FULL BODY EXERCISE

1100 **12 T: 9/11-12/18** **4:30-5:30 p.m.** **OFFSITE**
1100A **13 Th: 9/13-12/20** **4:30-5:30 p.m.** **\$132**
1100B **12 T/Th: 9/11-12/20** **4:30-5:30 p.m.** **\$143**
\$265

Get into shape with this total body exercise class! Friendly to all fitness levels **Rochelle Kapel** guides you through a series of one hour classes that will work and tone each muscle from head to toe, helping to improve your flexibility, relieve stress and burn off those calories. **All classes will meet at Barclay Brook Elementary School.**

GOLF

1101 **5 T: 9/11-10/9** **6:30-8:30 p.m.** **OFFSITE**
\$139
This course is designed for the beginner or intermediate golfer. **Rick Bichsel**, PGA Professional, will teach the mechanics and laws of physics that influence a proper golf swing, the proper club grip, stance and posture. **All classes will meet at Applegarth Golf Range. Students can bring their own clubs or borrow clubs from the instructor. Class size is limited to 18 students**

STRENGTH & FITNESS TRAINING

1102	8T: 9/11-10/2,9,16, 23, 30, 11/13, 20	7:00-8:30 p.m	\$110
1102A	8W: 9/12, 19, 10/3, 10, 17, 24, 31,11/7	7:00-8:30 p.m	\$110

With instructor **Zachary Morolda** participants will be provided with instructional programs that will allow them to build strength or improve / maintain physical fitness using the Monroe Township High School Fitness Center.

TONING

1103	9 M: 9/10-11/19	6:00-7:00 p.m.	OFFSITE \$68
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This is a straight body building course with **Irene Curran**. Hand weights and bands will be used. Wear exercise clothing and sneakers. Please be sure to come prepared with your own mat, weights, towel and water! Classes held at Oak Tree Elementary School.

ZUMBA® FITNESS

1104	8 T: 9/11-11/20	7:30-8:30 p.m.	\$88
1104A	9 Th: 9/13-11/15	7:30-8:30 p.m.	\$99
1104B	17 T/Th: 9/11-11/20	7:30-8:30 p.m.	\$175

Are you ready to party yourself into shape with Millie Torres??? That's exactly what the Zumba program is all about. Come and join **Millie Torres** in an exhilarating, effective easy-to-follow, Latin Inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health.

ZUMBA® GOLD

1105	8 T: 9/11-11/20	6:30-7:30 p.m.	\$88
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Zumba Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin music, like salsa, meringue, and cumbia, and the easy-to-follow moves. Come join **Millie Torres** and have fun in a party like atmosphere.



GENTLE REMINDERS

** NO SMOKING PERMITTED INSIDE ANY BUILDING OR ON SCHOOL GROUNDS.*

** NO PARKING IN FIRE LANES OR HANDICAPPED PARKING AREAS WITHOUT PROPER PERMIT.*

BEAT THE CROWD!



FALL 2012 CALENDAR

SEPTEMBER							OCTOBER							NOVEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1														
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	
30																				

Classes will not meet on shaded dates.



— SITE ADDRESSES —

- | | |
|---|---|
| 1. MONROE TOWNSHIP HIGH SCHOOL
200 Schoolhouse Rd.
Monroe Township, NJ 08831 | 3. BARCLAY BROOK
ELEMENTARY SCHOOL
358 Buckelew Avenue
Monroe Township, NJ 08831 |
| 2. OAK TREE ELEMENTARY SCHOOL
226 Applegarth Road
Monroe Township, NJ 08831 | 4. APPLGARTH GOLF RANGE
194 Applegarth Road
Monroe Township, NJ 08831 |



For detailed directions to specific buildings, please visit:
www.monroe.k12.nj.us or call **732-521-2111 Ext. 5248**

COMMUNITY EDUCATION REGISTRATION INFORMATION

Fall Calendar - Tuesday classes will begin on Sept. 11, 2012 and Thursday classes begin on Sept. 13, 2012.

Registration Questions – Please call 732-521-2111 ext. 5248 between 9:00 a.m and 1:00 p.m. Monday thru Friday.

Enrollment – Register by mail as soon as you view this brochure. Feel free to share brochure using our website at www.monroe.k12.nj.us and click onto the information tab and go into Community Education. Mail-in registration continues until the beginning of each class, but don't leave it until the last minute. YOUR registration could make the difference between having enough student enrollment to run the class or canceling due to insufficient registration. You can assume that you are in the class of your choice unless you hear from us. Registration will not be acknowledged unless the class is cancelled.

REGISTRATION WALK-INS AT THE BOARD OF EDUCATION ARE STRONGLY DISCOURAGED.

Eligibility – All adults and students under 18 years of age accompanied by an adult, regardless of residence are welcome in the Community Education Program.

Discounts – A five dollar (\$5.00) senior discount is offered to those 60 years and older, as well as any employee of the Monroe Township Board of Education. Please note: there are no discounts on any \$8 course.

Materials Fees – Must be paid to the instructor on the first night of class. Cash is preferred.

Returned Checks – A \$40 fee will be imposed for checks returned unpaid by the bank.

Refund and withdrawal – We will refund course fee if we cancel a class. All withdrawals within one week (7 days) prior to the class start will receive a refund minus a \$8 processing fee. No refunds or credits will be granted when you withdraw from a one night class with a \$8 fee.

Sites and Room Assignments – Most classes are at the New Monroe Township High School on **200 Schoolhouse Road** unless otherwise noted in the course description. Room assignments will be posted at receptionist desk.

Changes – This program reserves the right to cancel courses, change times, locations and instructors.

Emergency Closings – If schools have been closed during the day community education classes will also be cancelled. If inclement weather conditions become severe late in the day listen to WCCTC (1450 AM) between 3:00 and 7:00 p.m.

— REGISTRATION FORM —

MONROE TOWNSHIP COMMUNITY EDUCATION REGISTRATION

Name _____

Address _____

City _____ State _____ Zip _____

Phone: Cell _____ Home _____

E-mail _____

Course# _____ Title _____ Tuition \$ _____

Total \$ _____

Less Senior or Employee Discount-\$ _____

Total Enclosed \$ _____

**Make Check or Money Order Payable to:
"Monroe Township Board of Education"**

**Mail to: Director of Community Education
423 Buckelew Ave., Monroe Twp., NJ 08831**

Registrations will not be acknowledged unless class is canceled.



**Monroe Township Schools
An Equal Opportunity School District**

Dr. Kenneth R. Hamilton, *Superintendent of Schools*
Mr. Michael Gorski, *Business Administrator/Board Secretary*
Dr. Jeff Gorman, *Assistant Superintendent*

Board of Education

Ms. Kathy Kolupanowich, *President*
Mr. Ken Chiarella, *Vice President*
Ms. Amy Antelis • Mr. Mark Klein
Mr. Marvin Braverman • Mr. John Leary
Mr. Lew Kaufman • Mr. Louis Masters • Mr. Ira Tessler

Jamesburg Representative

Ms. Patrice Faraone

Student Board Members

Aneri Patel • Francesca Speranza

Monroe Township Community Education Program

Ms. Maria Naumik, *Director*
Ms. Ann Marie George, *Secretary*

AFFIRMATIVE ACTION STATEMENT

The Monroe Township Board of Education supports equal educational opportunities for all adult education students and will take every possible measure to guarantee this right. No registrant shall be discriminated against in admission to or in obtaining any advantage, privilege, or courses of study in the Adult Education Program by reason of age, race, creed, color, national origin, ancestry, marital status, sex, sexual orientation, religion, disability, and social economic status. Any registrant or employee who alleges that there has been an incident of discrimination should report the allegation, in writing to: Affirmative Action Officer, Mr. Michael Gorski, Monroe Township Board of Education, 423 Buckelew Avenue, Monroe Township, NJ 08831, telephone (732) 521-2111.

