



Office of the Mayor



Proclamation

American Heart Month

February 2017

- WHEREAS,** diseases of the heart are the nation's leading cause of death and stroke is the fourth leading cause of death; and
- WHEREAS,** cardiovascular disease claims the lives of more than 405,000 American females each year; and
- WHEREAS,** every 39 seconds someone in the United States dies from heart disease and every 59 seconds a woman dies from heart disease; and
- WHEREAS,** in 2016, the direct and indirect cost of cardiovascular diseases in the U.S., including stroke was nearly \$317 billion; and
- WHEREAS,** nearly as many women die of heart disease, stroke and all other cardiovascular diseases than the next four leading causes of death combined; including all cancers; and
- WHEREAS,** the risk factors for heart disease include diabetes mellitus, high cholesterol, high blood pressure, overweight/obesity, physical inactivity and poor nutrition; and
- WHEREAS,** February 2017 is American Heart Month and February 3, 2017 is National Wear Red Day; and
- WHEREAS,** Go Red For Women is the American Heart Association's national call to increase awareness about heart disease – the leading cause of death for women – and to inspire women to take charge of their heart health and reduce risk;

NOW, THEREFORE, be it resolved, that I, GERALD W. TAMBURRO, Mayor of the Township of Monroe, do hereby proclaim FEBRUARY 2017 as American Heart Month and urge all citizens to "Go Red" on Friday, February 3, 2017 in the Township of Monroe.

Dated: January 23, 2017


GERALD W. TAMBURRO, MAYOR