



# Senior Focus

## January 2024



### Monroe Township Office of Senior Services & Senior Center

12 Halsey Reed Road, Monroe Township, NJ 08831  
Monday thru Friday, 8:30 a.m. to 4:30 p.m.

609-448-7140  
www.monroetwp.com

Happy New Year! Here's to feeling thankful for the year behind and enthusiastic for the year ahead. Each new year is a gift of learning, growth, and hope. May your mind and soul be enriched with these things and more in the days to come.

It may be January and the start of the winter season, but that hasn't stopped what's going on at the Senior Center. The 8 and 10 week winter session of exercise classes begins on January 8th. If you like to exercise, have fun and move around, we have something for everyone. Registration starts Wednesday, December 27th beginning at 9:00 a.m.

We also have many great programs and performances coming in January. A few to mention are:

**Friday, January 5th at 1:30 p.m.**  
**Senior Social Hour**

It was one of our most requested events and we're making it happen! Enjoy light refreshments while meeting and learning about your fellow members and Senior Center staff. This program includes a short visual walk down memory lane which we're sure will bring a laugh or two your way.

**Tuesday, January 9th at 2:00 p.m.**  
**Falcon Jazz & Horns Ensemble**

The Monroe Township Middle School elite musicians will perform a variety of styles of music including swing, Latin, rock and pop. It's a performance that's not to be missed.

**Wednesday, January 10th at 2:00 p.m.**  
**The Reactions**

Originating from the street corners of Brooklyn, join John Scupelliti, Phil Block, John Foster and Elmo Maisonet for a Doo Wop performance like no other. *Sponsored by Parker.*

**Friday, January 26th at 6:00 p.m.**  
**The Belle Tones**

Join us for a Friday evening performance by the all-American female trio, often called the 21st Century Andrews Sisters, as they sing and dance their way into your heart.

### January Registration Information:

#### Trip Registration

**Thursday, December 21st at 9:00 AM**  
In-person or online via Community Pass  
Use main entrance only. Doors open 8:30AM.

#### Program Registration

**Friday, December 22nd at 9:00 AM**  
In-person or online via Community Pass  
Use main entrance only. Doors open 8:30AM.

#### Class Registration

**Wednesday, December 27th at 9:00 AM**  
In-person or online via Community Pass  
Use main entrance only. Doors open 8:30

<https://register.communitypass.net/monroetownshipseniorcenter>

Registering in person? If you need transportation for any of the above, please call 609-443-0511 to make arrangements no later than 24 hours in advance.

**You must be a registered member of the Senior Center in order to participate in our activities.**

### Quote of the Month

“Approach the new year with resolve to find the opportunities hidden in each new day.”

Michael Josephson

# January 2024 Center Activities

Registration for programs is  
**REQUIRED EACH MONTH**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>OFFICE CLOSED</b> 	<b>2</b> 10:30 <u>Cowboys, Cattle Trails, and Cowtowns of the Old West (Z)</u> 2:00 <u>Olga X</u>	<b>3</b> 10:30 <u>Monet, van Gogh, &amp; Cezanne</u> 12:15 <u>Duplicate Bridge</u> 2:00 <u>Cribbage</u> 2:00 <u>JoAnn Roberts</u>	<b>4</b> 10:30 <u>Book Club</u> 10:30 <u>10 Tips to Create Healthier Meals</u> 2:00 <u>Vintage Vibe Tribe</u>	<b>5</b> 9:30 <u>Canasta</u> 10:30 <u>Glaucoma Awareness</u> 10:30 <u>Harmonica</u> 1:30 <u>Senior Social Hour</u>
<b>8</b> 9:00 <u>Cardio Blast (\$)</u> 9:30 <u>Drop-In Bridge</u> 10:00 <u>Total Body Reset (\$)</u> 10:00 <u>Robinson Artshop (\$)</u> 11:00 <u>Gentle Stretch (\$)</u> 1:00 <u>Mah Jongg</u> 1:00 <u>Yam It</u> 2:00 <u>Bob Kulik</u>	<b>9</b> 8:45 <u>Mat Yoga (\$)</u> 9:00 <u>AARP Smart Driver Course</u> 10:15 <u>Drums Alive (\$)</u> 10:30 <u>What America Sounds Like (Z)</u> 11:00 <u>Green Thumbs</u> 11:30 <u>Drums Alive (\$)</u> 2:00 <u>Falcon Jazz &amp; Horns Ensemble</u>	<b>10</b> 9:00 <u>Total Toning (\$)</u> 10:30 <u>Tech Talks</u> 11:00 <u>Raise the Barre (\$)</u> 12:15 <u>Duplicate Bridge</u> 2:00 <u>Cribbage</u> 2:00 <u>The Reactions</u> 3:30 <u>Ballroom Dance (\$)</u>	<b>11</b> 8:45 <u>Chair Yoga (\$)</u> 10:00 <u>Body Works (\$)</u> 10:00 <u>Music Bingo</u> 11:00 <u>Line Dancing (\$)</u> 1:30 <u>DJ Tara</u>	<b>12</b> 9:00 <u>Zumba Gold (\$)</u> 9:30 <u>Canasta</u> 10:00 <u>Fun Friday (\$)</u> 10:30 <u>Harmonica</u> 2:00 <u>Using Your Devices 101</u>
<b>15</b> <b>OFFICE CLOSED</b> 	<b>16</b> 8:45 <u>Mat Yoga</u> 10:00 <u>Winter Plate</u> 10:15 <u>Drums Alive</u> 10:30 <u>Bereavement Group</u> 10:30 <u>Understanding Your Dreams (Z)</u> 11:30 <u>Drums Alive</u> 2:00 <u>Dettra Mental Band</u> 4:00 <u>WOW</u>	<b>17</b> 9:00 <u>Total Toning</u> 10:30 <u>Compression Only CPR</u> 11:00 <u>Raise the Barre</u> 12:15 <u>Duplicate Bridge</u> 2:00 <u>Diabetes Support</u> 2:00 <u>Steve Kramer Trio</u> 3:30 <u>Ballroom Dance</u>	<b>18</b> 8:45 <u>Chair Yoga</u> 10:00 <u>Body Works</u> 11:00 <u>Line Dancing</u> 11:00 <u>Chef Stephen Wolff</u>	<b>19</b> 9:00 <u>Zumba Gold</u> 9:30 <u>Canasta</u> 10:00 <u>Fun Friday</u> 10:30 <u>Harmonica</u> 12:00 <u>MTHS TAP</u> 2:00 <u>London Fog</u>
<b>22</b> 9:00 <u>Cardio Blast</u> 9:30 <u>Drop-In Bridge</u> 10:00 <u>Total Body Reset</u> 10:00 <u>Robinson Artshop (\$)</u> 11:00 <u>Gentle Stretch</u> 1:00 <u>Mah Jongg</u> 1:00 <u>Yam It</u> 2:00 <u>The Carole King Story</u>	<b>23</b> 8:45 <u>Mat Yoga</u> 10:15 <u>Drums Alive</u> 10:30 <u>Olana's Spectacle—Frederic Church and the Business of Art (Z)</u> 11:30 <u>Drums Alive</u> 2:00 <u>Harry Maitland</u>	<b>24</b> 9:00 <u>Total Toning</u> 10:00 <u>Move &amp; Groove</u> 10:30 <u>Carol Channing</u> 11:00 <u>Raise the Barre</u> 12:15 <u>Duplicate Bridge</u> 2:00 <u>Christian Roselle</u> 3:30 <u>Ballroom Dance</u>	<b>25</b> 8:45 <u>Chair Yoga</u> 10:00 <u>Body Works</u> 10:30 <u>Titans of America's Gilded Age</u> 11:00 <u>Line Dancing</u> 1:30 <u>Caregiver's Support</u> 2:00 <u>Lorenzo Branca</u>	<b>26</b> 9:00 <u>Zumba Gold</u> 9:30 <u>Canasta</u> 10:00 <u>Fun Friday</u> 10:30 <u>Harmonica</u> 1:00 <u>LGBT Socialize With Me</u> 6:00 <u>The Belle Tones</u>
<b>29</b> 9:00 <u>Cardio Blast</u> 9:30 <u>Drop-In Bridge</u> 9:30 <u>Blood Pressure &amp; Blood Sugar Screening</u> 10:00 <u>Total Body Reset</u> 11:00 <u>Gentle Stretch</u> 1:00 <u>Mah Jongg</u> 1:00 <u>Yam It</u> 2:00 <u>Dakota &amp; Elle</u>	<b>30</b> 8:45 <u>Mat Yoga</u> 10:15 <u>Drums Alive</u> 10:30 <u>Petra - The Red Rose City (Z)</u> 11:30 <u>Drums Alive</u> 2:00 <u>Off R Rockerz</u>	<b>31</b> 9:00 <u>Total Toning</u> 10:00 <u>Move &amp; Groove</u> 10:30 <u>The Healing Power of Blue Space</u> 11:00 <u>Raise the Barre</u> 12:15 <u>Duplicate Bridge</u> 2:00 <u>How the Brooklyn Dodgers Changed Baseball</u> 3:30 <u>Ballroom Dance</u>	<p><b>DON'T LEAVE SOMEONE SITTING HOME!</b></p>  <p>If you are unable to attend a program you must call (609) 448-7140 x216 to cancel. Waitlisted members will appreciate it!</p>	

**Cowboys, Cattle Trails, and Cowtowns of the Old**

**West: Tuesday, January 2 at 10:30 a.m. via Zoom.** In the 19<sup>th</sup> century, millions of cattle were driven from Texas to Kansas enroute to the Chicago Armour meatpacking plant. Traveling along the Chisholm Trail, the cowboys ended up in Wichita, Abilene, and Dodge City. These rowdy cowboys would spend their newly earned money in saloons, gambling halls, or in the Red Light District. Professor Rick Feingold takes us through this era of gunfights and rodeos with music from *The Farmer and the Cowman* and *Rawhide*.

**Olga X: Tuesday, January 2 at 2:00 p.m.** Originally from Greece, Olga joined the Metropolitan Opera Chorus in 2014, and will perform songs from the Great American Songbook, jazz standards, Broadway, international, pop hits of the 40s through 70s, and some operatic choices. She provides the audience with a melodious voice full of grace and a delight in stage presence. Olga holds a Bachelors of music in piano & vocal from the University of Nicosia in Greece.

**Monet, van Gogh, & Cezanne: Wednesday, January 3 at 10:30 a.m.** This discussion led by Barbara Guerriero will include an retrospective of three major artists of the Impressionistic movement. Explore Monet's use of light and style. Learn about Vincent van Gogh's life, how his mental health affected his creations, and how he influenced Cezanne's works as a post-impressionist.

**JoAnn Roberts: Wednesday, January 3 at 2:00 p.m.** JoAnn is an engaging entertainer and vocalist who performs all over the world singing in English, Italian, and Spanish. Her vast repertoire spans the 40s through the 80s in the genres of pop, jazz, Doo Wop, oldies, Motown, and an array of Italian-American hits.

**10 Tips to Create Healthier Meals: Thursday, January 4 at 10:30 a.m.** Laurie Tema-Lyn, author of *Zest! Food That's Fun to Make & Good For You*, will introduce you to her world of eclectic and healthy cooking and inspire you to have more fun in the kitchen! Get practical tips for creating healthy and delicious fare while enjoying the meal prep process. Learn how to turn leftovers into love again meals, and how to stock your pantry and fridge with ingredients to make quick mouth-watering healthy meals.

**Vintage Vibe Tribe: Thursday, January 4 at 2:00 p.m.** Paying homage to the oldies and creating a retro atmosphere, the Vintage Vibe Tribe duo will perform the songs you know and love. Sassy but always classy, the sultry female front-woman pours out her emotions through songs by the likes of Carol King, Etta James, Ella Fitzgerald, Frank Sinatra, Otis Redding and many others.

**Glaucoma Awareness: Friday, January 5 at 10:30 a.m.** January is National Glaucoma Awareness Month. Dr. Coleman from Outlook Eyecare will discuss why this disease is the second greatest cause of blindness in the world and what preventative steps to take. Learn how to slow the progression of glaucoma.

**Senior Social Hour: Friday, January 5 at 1:30 p.m.** Enjoy light refreshments while meeting and learning about your fellow members and Senior Center staff as they learn more about YOU. Take a short visual walk down memory lane. You might even win a prize before you leave. Sign up with a friend (Senior Center members only) or come solo and meet other members or discover a neighbor or two.

**Robinson Artshop: Monday, January 8 - OR - Monday, January 22 at 10:00 a.m.** Join James Robinson as he guides you to paint your own masterpiece. *Project fee: \$10 p.p., upon registering. No refunds. Only one (1) session per member.*

**Bob Kulik: Monday, January 8 at 2:00 p.m.** Bob Kulik's career has spanned more than 5 decades while sharing the stage with some of the most celebrated artists such as Lou Rawls, The Duprees,

Jerry Vale, Little Anthony and many more. Bob had a long journey in the entertainment industry performing as a member of the 60s pop vocal group *The Happenings* for 30 years. He was inducted into East Coast Music Hall of Fame in 2019.

**AARP Smart Driver Course: Tuesday, January 9 from 9:00 a.m. to 4:00 p.m.** Enhance your driving skills during this AARP Smart Driver Course. There is no test involved. Most auto insurance companies offer discounts to individuals who complete the course. You must attend the entire class to receive a certificate of completion. **The class fee for AARP members is \$20 and \$25 for non-members. In-person registration only. Not available on Community Pass. Exact cash or check payable to "AARP" at the time of registration. Only registered members of the Monroe Township Senior Center may attend.**

**What America Sounds Like: Tuesday, January 9 at 10:30 a.m. via Zoom.** This lecture provides a look at the iconic music that helps us to understand our history. Special emphasis is given to Thomas Edison, Paul Robeson, Frank Sinatra, Whitney Houston, Bruce Springsteen, and others from NJ who have contributed so much to the American music landscape. Hosted by Melissa Ziobro, professor and Curator of the Bruce Springsteen Archives and Center for American Music at Monmouth University.

**Falcon Jazz & Horns Ensemble: Tuesday, January 9 at 2:00 p.m.** The Falcon Jazz Ensemble is an elite group of musicians from the Monroe Township Middle School under the direction of Mr. David Rattner. They perform music from a variety of styles including swing, latin, rock, and pop. They will be performing music in the styles of Count Basie, Stan Kenton, Neal Hefti and Sammy Nestico. The 8th grade clarinet and saxophone ensembles under the direction of Dr. Slansky will be performing music from a variety of periods in the classical tradition.

**Tech Talks: Wednesday, January 10 at 10:30 a.m.** Pranav Joshi is a Senior at Edison Academy Magnet School. He founded the STEM education initiative (coined Tech Talks) in 2022, which presents an overview of the future of technology and cybersecurity and how they apply to you. From ways to store your data safely to new artificial intelligence applications, this presentation will cover current and upcoming technology applications.

**The Reactions: Wednesday, January 10 at 2:00 p.m.** John Scupelliti sang on the street corners of Brooklyn and in 1962 he formed a group called The Trends. The group quickly signed a contract with Mutual Records and changed their name to The Reactions. Their first record was released in 1964. Today, John remains the lead singer and is accompanied by Phil Block from the Bronx, John Foster from Brooklyn, and Elmo Maisonet from Queens. *(Sponsored by Parker).*

**Music Bingo: Thursday, January 11 from 10:00 a.m. to 11:30 p.m.** Join Tara's take on BINGO with a musical twist! Groove in your seat to popular song beats...as you try to get BINGO!

**DJ Tara: Thursday, January 11 at 1:30 p.m.** Enjoy one hour of dancing to all of your favorite party hits with DJ Tara. Bring your dancing shoes because our dance floor awaits you!

**Using Your Devices 101: Friday, January 12 at 2:00 p.m.** Join Monroe Township High School Students for this special, interactive tutorial on the main features and functions of your computing devices. Bring your device (and charger) with you as you get tips and tricks on how to use your iPhone, iPad, and laptop more effectively.

**Winter Plate: Tuesday, January 16 at 10:00 a.m.** Create a beautiful winter landscape piece of pottery! The Pottery Place will be providing all materials needed and guide you step by step to



design your own winter themed masterpiece on a 10 inch dinner plate. Fired projects will be ready within two weeks and will be food and microwave safe.

**Understanding Your Dreams: Tuesday, January 16 at 10:30 a.m. via Zoom.** Whether you remember them or not, your dreams provide a very specific solution to a situation that's bugging you this week! In fact, a dream is an interior conversation that takes place between your conscious and unconscious mind. Layne Dalfen will discuss her 6-Point-of-Entry method to uncover what you were saying to yourself when you had your dream and how to recognize a solution when it comes to you in the form of a metaphor.

**Dettra Mental Band: Tuesday, January 16 at 2:00 p.m.** Enjoy the 60s and 70s from Motown to Beatles, Billy Joel to Elton John, a little bit of Disco, British Invasion, Elvis, John Denver, and some good old rock and roll. With Mike Dettra on drums, Mike McGarry on Bass, and Bill Monaghan on piano and guitar, this Trio will keep you on your feet dancing!

**Compression Only CPR: Wednesday, January 17 at 10:30 a.m.** Join the Monroe Township EMS First Aid Squad to learn the lifesaving skills of adult hands only CPR. This course is designed for members who want to learn CPR but do not need a course completion certification.

**Steve Kramer Trio: Wednesday, January 17 at 2:00 p.m.** The Steve Kramer Trio consists of a pianist, drummer, and bassist that will perform songs made famous by their former band leader Artie Shaw. Other well-known numbers from television and cinema, as well as some jazz versions of popular classical music, will also be part of the repertoire.

**Chef Stephen Wolff - Hearty Stews: Thursday, January 18 at 11:00 a.m.** Now that the winter days are here, nothing beats a good hearty bowl of stew! Join Chef Stephen Wolff as he prepares a traditional Guinness Irish Stew and Roasted Potatoes.

**London Fog: Friday, January 19 at 2:00 p.m.** This six piece band brings back the British invasion through Woodstock and beyond. Lead John Reinhart and the band will be performing favorites from the Beatles, Rolling Stones, Moody Blues, Turtles, Jefferson Airplane, and many others.

**The Carole King Story: Monday, January 22 at 2:00 p.m.** Carole King has arguably become the most celebrated and iconic singer and songwriter of all time. She has written or co-written 118 pop hits that made it the Billboard Hot 100. In this lecture with music, Larry Wolfert will present the various stages of development of her life and career.

**Olana's Spectacle - Frederic Church and the Business of Art: Tuesday, January 23 at 10:30 a.m. via Zoom.** Join Gracie Mills for a virtual tour of select artworks by Frederic Church on display at Olana State Historic Site. The tour will also dive into Olana's newest exhibition, *Spectacle*. The tour will bring participants a 21st century way of viewing Church's masterwork, *The Heart of the Andes*, and highlight the showmanship and marketing prowess that Church used to promote the debut of his work in 1859.

**Harry Maitland: Tuesday, January 23 at 2:00 p.m.** Singing professionally since 1972, this 76 years young performer is blessed with a lovable voice and passion for music. Harry will belt out hits from the 40s through the 80s.

**Carol Channing: Wednesday, January 24 at 10:30 a.m.** With her quirky voice, saucer eyes, and flawless timing this gangly comedienne became a Broadway favorite in *Hello Dolly!* and *Gentlemen Prefer Blondes*. Theater historian, John Kenrick, will offer rare performance videos, hilarious backstage stories, and personal memories of working with this larger-than-life star.

**Christian Roselle: Wednesday, January 24 at 2:00 p.m.** The lead singer from *Rave On!* and *Carnaby St Duo*, Christian Roselle, is back performing songs from the 50s to the 70s. Hits from Buddy Holly, Roy Orbison, The Beatles, The Rolling Stones, Bob Dylan, and Don McClean are just a few tunes in Christian's repertoire. Come and enjoy this interactive sing-a-long concert!

**Titans of America's Gilded Age: Thursday, January 25 at 10:30 a.m.** By the end of the 19th century, America had become the most economically powerful country in the world. The Gilded Age was a time of industrialization and new technologies. Walter Choroszewski presents the stories of several individuals who rose from humble beginnings to the Titans of industry and to amass great wealth in the process.

**Lorenzo Branca: Thursday, January 25 at 2:00 p.m.** Lorenzo is a modern day renaissance man. Either playing the guitar, drums, flute, harmonica, or singing, Lorenzo will entertain all ages with music ranging from modern top 40 to classic hits of the past decades! He is also quite an accomplished painter and sculptor.

**The Belle Tones: Friday, January 26 at 6:00 p.m.** Join this all-American female trio as they sing and dance their way into your heart. Often called the 21st Century Andrews Sisters, The Belle Tones celebrate music's greatest girl bands with class, panache, and fun. The Belle Tones perform at various charity events throughout the tri-state area in honor of our veterans, wounded warriors, and active military.

**Blood Pressure & Blood Sugar Screening: Monday, January 29 BY APPOINTMENT, from 9:30 a.m. to 11:30 a.m.** This 2-in-1 screening will be conducted by an advanced practice nurse from St. Peter's University Hospital. *In-person registration only. Not available on Community Pass.*

**Dakota & Elle: Monday, January 29 at 2:00 p.m.** Dakota & Elle are a classically trained tenor and soprano duo known for singing Broadway, classical, and contemporary hits. Both studied at Juilliard and are known state-wide for their ethereal voices, often compared to the likes of Andrea Bocelli and Sarah Brightman.

**Petra - The Red Rose City: Tuesday, January 30 at 10:30 a.m. via Zoom.** Nestled in a mountainous basin in a remote, rugged corner of Jordan lies the magnificent ruins of the ancient city of Petra, which has been named one of the new seven wonders of the ancient world. This presentation incorporates photos taken during Dr. Steve's archeological excavation and will take you on a virtual tour of this lost city that dates back more than 2,000 years. Serving as the trading center of the ancient world it was also a backdrop in the popular movie *Indiana Jones and The Last Crusade*.

**Off R Rockerz: Tuesday, January 30 at 2:00 p.m.** This seasoned veteran rock group covers pop hits from the 70s and 80s. From Linda Ronstadt to Santana, enjoy a fun mix of music with the band that is a bit off their rocker.

**The Healing Power of Blue Space: Wednesday, January 31 at 10:30 a.m.** Blue space has been found to positively affect mental health and can foster relaxation, reduce stress, and improve mood. Linda Panarella from Town Square will explore the benefits of having a relaxing space to clear your head of distractions and experience quiet reflections with the vision, sound, and smells of being near water.

**How the Brooklyn Dodgers Changed Baseball: Wednesday, January 31 at 2:00 p.m.** The Brooklyn Dodgers are gone but not forgotten. Ebbets Field's origins, Jackie Robinson in popular culture, Walter O'Malley moving the team to LA, and the fans' personal stories will be some of the topics discussed by David Krell. Join in on this lecture to discuss the rich legacy of the team and why it remains a fertile topic of interest for baseball fans.

# IN JANUARY AT THE SENIOR CENTER!

Registration required.

Monroe Township Senior Center - 12 Halsey Reed Rd - Monroe Township, NJ

**January 10th at  
2:00p.m.**



**John Scupelliti  
*and The Reactions***

John Scupelliti sang on the street corners of Brooklyn and in 1962 he formed a group called The Trends. The group quickly signed a contract with Mutual Records and changed their name to The Reactions. Their first record was released in 1964. Today, John remains the lead singer and is accompanied by Phil Block from the Bronx, John Foster from Brooklyn, and Elmo Maisonet from Queens. Sponsored by Parker.



**January 26th  
at 6:00pm**

Join these three All American Beauties as they sing and dance their way into your heart.

Often called the Twenty First Century Andrews Sisters, The Belle Tones celebrate music's great girl groups with class, panache, and fun.

The Belle Tones have performed nationwide and have a special place in their hearts for our Veterans, Wounded Warriors, and current members of the military.

# Friendly Tidbits

**JANUARY  
2024**

**Friends of the Senior Center, Inc.**

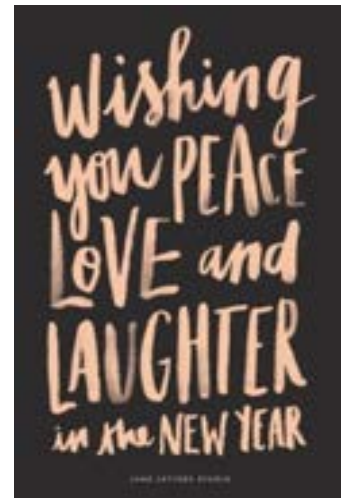
**609-448-7598**

The Friends are winding down for 2023. We hope you had the chance to attend the delicious luncheon on November 21st that the Office of Senior Services hosted. Everyone happily took home a pumpkin bread as a treat. The Friends Program, Travel, and Bingo Committees are in the planning stages for events in 2024.

Stop by and say hello to our volunteers. We would love to chat with you, and appreciate your suggestions. Winter reminds us that everyone and everything needs some quiet time. After the hectic holidays, we all can appreciate some quiet time, therefore, we do not have anything planned for January. Our office will continue to be staffed during regular hours as listed. Looking forward to seeing you at our February bingo.

Season's Greetings and Happy New Year to you and your family!

Maureen



**"FRIENDS" OFFICE HOURS:**

**Monday, Tuesday, Wednesday  
10:00 a.m. to 1:00 p.m.**

**Thursday 12:00 p.m. to 3:00 p.m.**

**Friday 9:00 a.m. to 12:00 p.m.**

**BINGO**

**February 23rd, 2024 1:30 - 3:30 pm**

**Doors Open at 1:00 pm**

**Sign-up in person: Friday, February 2nd 2024 - 9am to Noon**

**Must be a Senior Center Member**

**\$5.00 per person Includes 6 Games Per Booklet 2 Boards per Game**

**Non-Refundable Extra Booklets \$1.00 Each**

**Please make checks payable to "Friends of the Senior Center" and return form with payment of \$5.00 per person to be mailed or dropped in the Friends Mailbox outside the Friends door.**

Name \_\_\_\_\_ Community \_\_\_\_\_

Address \_\_\_\_\_ Phone # \_\_\_\_\_

Do You Need Transportation Yes \_\_\_\_\_ No \_\_\_\_\_

**Call the "FRIENDS" office at 609-448-7598 with any questions.**



## **TRANSPORTATION TRIPS**

609-443-0511 John Magda, Transportation Manager

*Pre-Registration is Required for All Trips. Trip Registration is Thursday, December 21, 2023, at 9:00 a.m.*

*If you are unable to participate in a trip, you must call to cancel.*

**THE TRANSPORTATION BUS WILL GO TO THE FOLLOWING LOCATIONS IN JANUARY 2024:**

**Woodbridge Mall on Thursday, January 11, 2024**

*Leaving the Transportation Office at 10:30 a.m. with an approx. return of 3:00 p.m.*

**Ocean County Mall on Tuesday, January 23, 2024**

*Leaving the Transportation Office at 9:30 a.m. with an approx. return of 3:00 p.m.*

**Future trips are listed below.**

**Please register for them on the above registration date.**

**The Scarlet Letter @ Two River Theatre in Red Bank, NJ (50 min. from the Sr. Ctr.)  
Wednesday, February 7, 2024**

Hester Prynne dares to strive for a better life for herself and her daughter in Nathaniel Hawthorne's classic tale of courage. This world premiere showcases the strength of a woman who will not let the rules of an unjust society define her.

**Walking and steps are required for this trip.  
Please have lunch prior to our departure.**

*Departure Time: 11:30 a.m. / Return Time: 4:15 p.m. (Township Bus)*

*Show Time: 1:00 p.m.— 3:15 p.m.*

*Cost: \$44.00 p.p. (Includes: Show Only)*

**Liberty Science Center in Jersey City, NJ (1 hour from the Sr. Ctr.)  
Friday, February 9, 2024**

Liberty Science Center is a 300,000-square-foot learning center located in Liberty State Park on the Jersey City bank of the Hudson near the Statue of Liberty. The Science Center houses 12 museum exhibition halls, a live animal collection with 110 species, giant aquariums, a 3D theater, live simulcast surgeries, hurricane and tornado-force wind simulators, the Jennifer Chalsty Planetarium and LSC Giant Dome Theater.

You will be on your own to enjoy the museum, planetarium and the featured exhibition.

**Lunch is on your own at Liberty Science Center. The Cosmic Café is located on the second floor.**

**Walking and steps are required for this trip.**

*Departure Time: 9:30 a.m. / Return Time: 3:15 p.m. (Township Bus)*

*Cost: \$35.00 p.p. (Includes: Admission, Planetarium, and Featured Exhibition)*



## **Important Transportation Information**

**All Members MUST BE ENROLLED** in our computer system (Community Pass) *prior to registering for trips*. If you have a **purple** membership card, your membership is current. You must have a cell phone number on file in order to go on any trips with us.

**You Must PRE-REGISTER** for all trips. The registration date and time is listed on the front cover of the Senior Focus and the top of the Transportation Trips Section of the Senior Focus.

Please keep in mind that not all trips are wheelchair/scooter accessible. Therefore, please call the office **prior to** registration day to determine which trips are accessible

Your seat will be **assigned by the transportation department via a lottery system** which is done prior to the trip date. You cannot change your seat number with anyone once it is assigned to you. You will be notified the day before the trip via email (if you have one on file with us), or via phone regarding your seat number. Please be sure to arrive 15 minutes prior to our departure time listed in the trip box.

### **In Person Trip Registration:**

Trip Registration takes place in the Senior Center, in the left room.

Doors open at 8:30 a.m., enter through the Front Door.

You cannot save a space in line for another member.

Registration starts at 9:00 a.m. (satellite/universal time)

Carefully complete the front **AND** back of the trip registration form.

One form PER member.

You can register for yourself and ONE additional member.

If you are registering for yourself and your spouse, then you cannot register for anyone else.

### **Payments:**

Payments are made via personal check, credit card or EXACT cash. We do not make change.

One check per household for total amount of registered trips.

DO NOT fill in the check amount until you know the total amount due.

Make checks payable to: **Township of Monroe**

If you are registering for yourself and another member with a different address, then TWO SEPARATE CHECKS are required.

### **At Home via Community Pass:**

Registration starts at 9:00 a.m., not a second before. Please use satellite/universal time.

If you have logged into Community Pass prior to 9:00 a.m. you will need to REFRESH your browser. Otherwise, you will not see the trips when they become "Public."

You are only able to register for yourself and other members of your household on Community Pass.

DO NOT ADD SOMEONE TO YOUR ACCOUNT. Doing so will not enroll the person because a Senior Center membership is required to be done in person.

If Community Pass is an issue for you, then you have the option of registering in-person as noted in the Focus.

### **Free Trips:**

Starting at 9:00 a.m. on registration day, you can register for a FREE trip online, via Community Pass, In-Person, or by calling: **609-443-0511**. Reservations left on the answering machine will not be honored. This applies to FREE trips only.

## **Trip Cancellation Information**

To avoid cancelling a trip, please check your personal calendar *before* registering with us. You must call the office if you do need to cancel, as this will enable us to call someone else on the waitlist. Thank you for your consideration.

**Our answering machine operates 24 hours a day.** Please leave a message with your name, phone number, and the trip date that you would like to cancel.

### **A REFUND WILL BE GIVEN ONLY IF:**

**Your seat is replaced by someone on our waiting list OR the trip is cancelled by us!**

**You are not allowed to give your seat to a friend.**