

Senior Focus June 2024



Monroe Township Office of Senior Services & Senior Center

12 Halsey Reed Road, Monroe Township, NJ 08831 Monday thru Friday, 8:30 a.m. to 4:30 p.m.

609-448-7140 www.monroetwp.com

There is a lot to like about June! The arrival of warm weather, summer solstice (on June 20th), and the start of a new exercise class session!

If you have been thinking about adding some movement to your life, the Senior Center offers everything from the explosive music and energy of *Drums Alive* to the movement and mindfulness of *Chair Yoga*.

These classes at the Senior Center are affordable and convenient, and most include transportation for those who need it. See our flyer for full class descriptions, dates, and fees. Registration begins on Thursday, June 13th at 9:00 a.m. and classes start the week of June 24th.

June also includes the debut of a new class, *Conversational French*, led by new staff member, Kate Brace. Learn about French culture and traditions while practicing greetings and common terminology. The 10 session class will be held every Monday at 12:00 p.m. starting June 3rd. See page 3 for a full class description and other details. *Vive la France!*

On *Tuesday, June 4th*, the Senior Center will be a polling location for primary elections. The building will remain open, however there are no programs scheduled.

On Friday, June 14th, at 1:00 p.m., celebrate the Senior Center's amazing Dads with a *Father's Day BBQ*. We encourage you to join us with good food, fun outdoor activities, and grilling tips from Chef Stephen. Weather permitting, our beautiful outdoor pavilion will be open for this event.

On Wednesday, June 26th, at 2:00 p.m., The Friends of the Senior Center will be sponsoring one of our most requested bands. *Brass ILLUSION* will be back performing hits of the great Rock & Roll horn bands. It is a performance not to be missed.

The Monroe Township Library is proudly celebrating it's 35th anniversary. To honor this milestone, one of the events planned is a golf outing scheduled for Monday, June 10th at the Greenbriar Golf Club at Whittingham. Registration for the event is open to all and includes a continental breakfast, 9 holes of golf, lunch, and carts. For questions and further information on how to register, contact the Library at 732-521-5000 ext. 155 or by email at foundation@monroetwplibrary.org.

The Senior Center and Transportation offices will be closed on *Friday, June 21st* in observance of Juneteenth.

June Registration Information:

Trip Registration

Monday, May 20th at 9:00 AM In-person or online via Community Pass Use main entrance only. Doors open 8:30AM.

Program Registration

Friday, May 24th at 9:00 AM In-person or online via Community Pass Use main entrance only. Doors open 8:30AM.

Class Registration

Thursday, June 13th at 9:00 AM In-person or online via Community Pass Use main entrance only. Doors open 8:30

https://register.communitypass.net/monroetownshipseniorcenter

Registering in person? If you need transportation for <u>any of the above</u>, please call 609-443-0511 to make arrangements no later than 24 hours in advance.

You must be a registered member of the Senior Center in order to participate in our activities.

<u>REMINDER</u>: Community Pass user support is *not* available *on* Registration Days.



Quote of the Month

"Write it on your heart that every day is the best day of the year."

- Ralph Waldo Emerson

June 2024 Center Activities

Registration for programs is REQUIRED EACH MONTH

Monday Tuesday Wednesday **Thursday Friday** 5 <u>3</u> 9:00 Walking Club / Cornhole / 9:00 Walking Club / Cornhole/ **PRIMARY ELECTIONS** 9:00 Bocce Ball 9:00 Walking Club / Bocce Ball Shuffleboard / Bocce Ball Shuffleboard / Bocce Ball 9:00 Cardio Blast 10:00 Creative Art with Andrea 10:30 Aging & Your Back 9:00 Zumba Gold 9:30 Drop-In Bridge 10:30 Book Club 10:00 Total Body Reset 11:00 Raise the Barre 9:30 Canasta 10:30 Ted Talks 10:30 The ABC's of Diabetes 10:00 Fun Friday 12:15 Duplicate Bridge 11:00 Fun with Yiddish 11:00 Gentle Stretch 1:00 Movie - 42nd Street 10:30 Harmonica 12:00 Conversational French (\$) 2:00 Bob Kulik 11:00 Move & Groove (B) 1:00 Mah Jongg 2:00 Cribbage 1:00 Yarn It 2:00 RB Express 2:00 Trio Fontes 3:30 Tap Dancing 10 12 14 11 13 9:00 Walking Club / Cornhole/ 9:00 Walking Club / Bocce Ball 9:00 Walking Club / Cornhole / 8:45 Mat Yoga 9:00 Bocce Ball 9:00 Cardio Blast Shuffleboard / Bocce Ball Shuffleboard / Bocce Ball 9:00 Bocce Ball 10:00 Creative Art with Andrea 9:30 Drop-In Bridge 10:30 Judge for Yourself 9:00 Zumba Gold 10:15 Drums Alive 10:00 Total Body Reset 11:00 Fun with Yiddish 11:00 Raise the Barre 10:30 The History of Ice Hockey 9:30 Canasta 10:00 Robinson Artshop (\$) 11:00 Chef Stephen Wolff in NJ (Z) 12:15 Duplicate Bridge 10:00 Fun Friday 12:00 Conversational French 11:00 Green Thumbs 1:00 Mah Jongg 2:00 Blue Jersey Band 2:00 Cribbage 10:30 Harmonica 1:00 Yarn It 11:30 Drums Alive 2:00 The Dreamers 1:00 Father's Day BBQ 2:00 Ken Ryan & Linda 1:30 Fred Miller - The Garofolo **Brooklyn Connection** 3:30 Tap Dancing 17 18 19 20 21 9:00 Walking Club / Bocce Ball 9:00 Bocce Ball 9:00 Walking Club / Cornhole / 9:00 Bocce Ball OFFFICE CLOSED 9:00 Cardio Blast Shuffleboard / Bocce Ball 10:30 Bereavement Group 10:30 Resin Project 9:30 Drop-In Bridge 10:30 Know It All Trivia 10:30 Recycling 101 10:30 Documentary: 9:30 Hand Massage 12:15 Duplicate Bridge 10:30 Songbirds of the Juneteenth - Faith & 10:00 Total Body Reset 2:00 Peter Scott Ruben Season (Z) 12:00 Conversational French **Freedom** 2:00 Diabetes Support 1:00 Mah Jonga 2:00 Michael & Ted 11:00 Fun with Yiddish 1:00 Yarn It 4:00 WOW 2:00 NGXB JUNETEENTH 2:00 Gordon James - The **History of Jazz** 3:30 Tap Dancing 24 25 26 27 28 8:45 Mat Yoga (\$) 9:00 Walking Club / Cornhole / 9:00 Walking Club / Bocce Ball 8:45 Chair Yoga (\$) 9:00 Walking Club / Cornhole / 9:00 Cardio Blast (\$) Shuffleboard / Bocce Ball Shuffleboard / Bocce Ball 9:00 Bocce Ball 9:00 Bocce Ball 9:30 Drop-In Bridge 9:00 Zumba Gold (\$) 10:15 Drums Alive (\$) 9:00 Total Toning (\$) 10:00 Body Works (\$) 10:00 Total Body Reset (\$) 9:30 Canasta 10:30 The Smallest War 10:30 Summer Bingo Bash 10:00 Move & Groove (A) (\$) 10:00 Robinson Artshop (\$) 10:00 Fun Friday (\$) Heroes (Z) 11:00 Fun with Yiddish 11:00 Gentle Stretch (\$) 10:30 The Korean War 11:00 Gentle Stretch Plus (\$) 10:30 Harmonica 11:30 Drums Alive (\$) 12:00 Conversational French 11:00 Raise the Barre (\$) 1:30 Caregiver's Support 11:00 Move & Groove (B) (\$) 2:00 Sophie, Fanny, Bette, 1:00 Mah Jonga 12:15 Duplicate Bridge 2:00 The Roots of Rock & 1:00 LGBT Socialize With Me Barbra & Me! 1:00 Yarn It 2:00 John Scupelliti Roll 1:30 Friends BINGO 2:00 Brass ILLUSION 3:30 Tap Dancing 3:30 Ballroom, Latin & Swing (\$)

DON'T LEAVE SOMEONE SITTING HOME!



If you are unable to attend a program you must call (609) 448-7140 x216 to cancel.

Waitlisted members will appreciate it!





The ABC's of Diabetes: Monday, June 3 at 10:30 a.m. Registered dietitian Eileen Swingle and Endocrinologist Dr. Alwadan from Hackensack Meridan will discuss how diabetes increases a person's chance of developing certain conditions that can put their life at risk. Learn how to control the ABC's of diabetes to stay healthy and reduce your risk of related diseases.

Conversational French: Starting Monday, June 3 from 12:00 to 12:45 p.m. for 10 sessions. Bonjour les amis! Join Kate, our newest Senior Center staff member, for weekly French lessons. Learn about French culture and traditions while practicing greetings and common terminology. Open to all comprehension and speaking levels of the French language. Fee: \$20 p.p. upon registering. No refunds. (Last Class: 8/05)

Trio Fontes: Monday, June 3 at 2:00 p.m. Violinist Yevgeniy Dyo began his musical education at the age of seven and has won numerous international awards including the Grand-Prize at the Shabyt International Chamber Music Competition in Kazakhstan. Cellist Suji Kim was born in Seoul, Korea into a family of classical musicians and is an adjunct music professor at the Judith G. Wharton Music School. Sojung Lee of South Korea is pianist and chamber musician who has performed in various venues such as Carnegie Hall and Steinway Hall. Together, they will perform classical and popular arrangements that will keep you entertained.



The Senior Center will be open on June 4th for voting. There will not be any programming during this time.

Aging & Your Back: Wednesday, June 5 at 10:30 a.m. Dr. Vincent Buddle of Seaview Orthopaedics will discuss common conditions affiliated with the aging back and treatments that are available. Dr. Buddle specializes in the treatment of back pain and spinal disorders, focusing mainly on degenerative conditions including cervical and lumbar radiculopathy, myelopathy, disc herniations, and spinal stenosis as well as traumatic injuries to the spine.

Movie - 42nd Street: Wednesday, June 5 from 1:00 to 3:15 p.m. Originally opening on Broadway in 1980 with star, Jerry Orbach, 42nd Street became an instant, long running Broadway classic. In 2017, a spectacular revival at London's Drury Lane Theatre broke all box office records and was recorded live for television. This critically acclaimed production has previously been televised on PBS' Great Performances and now will be here on the Senior Center's jumbo screen. (No transportation available)

<u>Ted Talks</u>: Thursday, June 6 at 10:30 a.m. Law professor Samar Ali and public affairs strategist Clint Brewer come from very different and perhaps opposing backgrounds. They come together for this Ted Talk as colleagues and friends to address deepening political divides in the United States and around the globe. They share their views on how improving communication and building trust among one another can lead to a more peaceful society. This open forum will be facilitated by Samantha Gerbino, MSW.

Bob Kulik: Thursday, June 6 at 2:00 p.m. Bob Kulik's career has spanned more than five decades while sharing the stage with some of the most celebrated artists such as Lou

Rawls, The Duprees, Jerry Vale, Little Anthony and many more. Bob had a long journey in the entertainment industry performing as a member of the 60s pop vocal group *The Happenings* for 30 years. He was inducted into The East Coast Music Hall of Fame in 2019.

RB Express: **Friday, June 7 at 2:00 p.m.** Exemplifying the style of early street corner groups of the 1950s, *RB Express*, a four person vocal group, offers a perfect blend of your favorite music while dazzling you with their stage presence, tight harmonies, and rhythm. Get ready for a dynamic and engaging performance.

Robinson Artshop: Monday, June 10 - OR – Monday, June 24 at 10:00 a.m. Join James Robinson as he guides you to paint your own masterpiece. Project fee: \$10 p.p., upon registering. No refunds. Only one (1) session per member.

Ken Ryan & Linda Garofolo: Monday, June 10 at 2:00 p.m. Ken and Linda return to the Senior Center paying tribute to the greatest voices of all time performing music from all genres including Doo Wop, Motown, country, and classic top 40 hits.

The History of Ice Hockey in NJ: Tuesday, June 11 at 10:30 a.m. via Zoom. Hockey is not only a national obsession in Canada, but has become a favorite pastime in the Garden State over the last century. Join Professor Alan Delozier from Seton Hall University for a fun and informative virtual lecture just in time for the NHL Stanley Cup Finals. Learn about local amateur teams and legends from college to the lone professional team representing our state, The New Jersey Devils.

Fred Miller – The Brooklyn Connection: Tuesday, June 11 at 1:30 p.m. This lecture with song touches upon the numerous references to Brooklyn with tributes to those native sons and daughters who have played prominent roles in popular musical entertainment over the last century. Mae West, Jimmy Durante, Lena Horne, Betty Comden, Danny Kaye, and Mickey Rooney are just a few artists that will be covered. That fabled sprawl across the East River known as Brooklyn has always been a rich source of talent unlike almost anything else in pop culture. If you have any doubts about it just ask anyone from Brooklyn and they will be happy to set you straight on the matter!

Judge for Yourself: Wednesday, June 12 at 10:30 a.m. Court is in session as you join "Judge Cindy" for a fun and insightful discussion of true court cases, from the unusual to the controversial. Enjoy a lighthearted debate and compare your "verdict" to the real-life outcome. This is certainly more fun than jury duty. All rise!

<u>The Dreamers</u>: Wednesday, June 12 at 2:00 p.m. The Dreamers, a vocal trio consisting of Carl Rodan, Donna D'Angelo, and Tom Tyburczy, will perform classic songs from the artists of the 60s and 70s. Sing-a-long to hits from *Chicago, The O'Jays*, and Frankie Valli. You might be grooving to some disco favorites too so get out those dancing shoes!

Chef Stephen Wolff – Grilling 101: Thursday, June 13 at 11:00 a.m. Your grill might have been idle over the winter, but now it's time to prep it for some serious outdoor cooking. Review the basics of gas grilling, including methods for getting the juiciest meats and tenderest vegetables. Chef Stephen Wolff guides you through the skills to prep your meats and veggies for those summer cookouts.

Blue Jersey Band: Thursday, June 13 at 2:00 p.m. Blue Jersey Band is back by popular demand to perform some of their favorite blue grass tunes. Frank and Ellen Ruck will be on tenor banjo, mandolin, and guitar.

Father's Day BBQ: Friday, June 14 from 1:00 to 2:00 p.m. Calling all Dads! Chef Stephen Wolff celebrates Father's Day by grilling up good food and good times, and we remembered the coleslaw and potato salad. Weather permitting, this program will be held outdoors where Cornhole, Bocce ball, and Shuffleboard will be open to all. You'll surely leave this program as a true king of the grill with all the tips and tricks you will learn as you enjoy lunch.

Hand Massage: Monday, June 17 from 9:30 to 11:30 a.m. by appointment only. Pamper yourself with a free 10-minute hand massage. Frequent hand massages may help reduce pain associated with many conditions including arthritis, carpal tunnel syndrome, and neuropathy. They can also reduce anxiety, get you into a better mood, improve sleep, and help strengthen your grip.

Gordon James – History of Jazz: Monday, June 17 at 2:00 p.m. This program takes us through all the stages of jazz throughout its transition from Dixieland to the big band era, cool jazz, Bossa Nova and contemporary jazz. Some of the artists featured are Louis Armstrong, Fats Waller, Duke Ellington, Glen Miller, Count Basie, Dave Brubeck, Sonny Rollins, Miles Davis, Sade, Grover Washington Jr. and our very own Gordon James.

Songbirds of the Season: Tuesday, June 18 at 10:30 a.m. via Zoom. As spring bird migration winds down, the medley of bird song persists into the early summer. The sweet notes of the song sparrow mingle with wheep wheep of the great-crested flycatcher and melodious whistles of the tufted titmouse. Join Kathy Easton to listen and learn about our summer songsters.

Recycling 101: Tuesday, June 18 at 10:30 a.m. Our Monroe Township Recycling Coordinator will share information on the recycling process and how to become a better recycler. Learn about Monroe's drop-off center and the Recycle Coach app which offers collection schedules and details special events and any closures to our recycling center.

Michael & Ted Present Vernon Duke: Tuesday, June 18 at 2:00 p.m. Vernon Duke is another success story of an emigre who changed the face of popular music in the United States. His name may have been forgotten but his songs are still loved and performed. Michael and Ted will present the many favorites Vernon wrote for stage and screen like April in Paris, Autumn in New York, Taking a Chance on Love and others.

Know It All Trivia: Wednesday, June 19 at 10:30 a.m. Join Brittany Franco from Waypoint Cares for a fun and challenging game of trivia. Challenge your mind, learn new facts, and enjoy the camaraderie of working together in teams to win a prize!

Peter Scott Ruben: Wednesday, June 19 at 2:00 p.m. Enjoy the smooth sounds of the Rat Pack and Bobby Darin as Peter Scott Ruben performs the best of the best. Expect to hear classics such as Beyond the Sea, The Way You Look Tonight, The Lady is a Tramp, Mack the Knife, and many more!

Resin Project: Thursday, June 20 at 10:30 a.m. Join Cris Brown and Jersey Shore Paint Party for a morning of resin art. This new form of art has become very popular but can be a little messy so please come dressed appropriately or bring a smock.

Documentary: Juneteenth - Faith & Freedom: Thursday, June 20 at 10:30 a.m. Uncover the deep spiritual significance of America's newest federal holiday. Learn how faith inspired enslaved people, travel to the Texas church where America's first Juneteenth celebration occurred, and uncover

why the newly liberated men and women credited God for their freedom.

NGXB: Thursday, June 20 at 2:00 p.m. This 25-year old award winning and now famous pianist returns with his stirring, high energy solo act. Enjoy all genres from classical to pop. His limitless repertoire can be seen regularly at venues all over the Tri-State area. Just ask his 1.2 million Tik -Tok followers!



The Office of Senior Services & Senior Center will be closed on June 21st in observance of Juneteenth.

John Scupelliti: Monday, June 24 at 2:00 p.m. John Scupelliti grew up singing on the street corners of Brooklyn. In 1962 he formed a group called The Trends and quickly signed a record deal. They changed their name to The Reactions and released their first record in 1964. In this solo performance, John will sing the golden oldies that will bring you back to your younger years.

The Smallest War Heroes: Tuesday, June 25 at 10:30 a.m. via Zoom. The US Army Pigeon Service began with a few donated pigeons on the battlefields of France in World War I. Join Mary Rasa to learn about the impact that "hero pigeons" had in World War I and eventually World War II. Highlights include the story of how Cher Ami saved approximately 200 lives of the 77th Infantry dubbed "The Lost Battalion" in October, 1918.

Sophie, Fanny, Bette, Barbra & Me!: Tuesday, June 25 at 2:00 p.m. Naomi Miller's new show, Sophie, Fanny, Bette, Barbra & Me! celebrates these four legendary singers. As Naomi tells their stories and sings their songs, you'll discover how Sophie Tucker influenced Bette Midler, how Fanny Brice influenced Barbra Streisand, and how they all influenced Naomi's career. Get ready for poignant moments as well as hilarious laughter!

The Korean War: Wednesday, June 26 at 10:30 a.m. America's "forgotten war" had a profound impact on East-West relations during the Cold War. More than 54,000 Americans died attempting to halt the spread of Communism throughout South Korea. On June 25, 1950 over 90,000 North Korean troops trained and equipped by the Soviet Union poured over the 38th Parallel and invaded South Korea resulting in three years of brutal conflict. Historian Paul Zigo will discuss all aspects of the war and the armistice that brought it to a halt which is still in place today.

Brass ILLUSION: Wednesday, June 26 at 2:00 p.m. Seen at popular New York venues like Birdland Jazz Club and The Cutting Room, Brass ILLUSION is a musical powerhouse based out of the Tri-State area that performs hits of the great Rock & Roll horn bands. Sponsored by The Friends of the Senior Center.

Summer Bingo Bash: Thursday, June 27 at 10:30 a.m. In recognition of National Bingo Day, join Janine Zaslavsky from Dove Hospice Services and Lesley Olhstein from Senior Helpers for a few rounds of one of America's favorite games. There are prizes to be won so grab your lucky charms and dab that free space!

The Roots of Rock & Roll: Thursday, June 27 at 2:00 p.m. Rock & Roll evolved from multiple genres of music during the early to mid-20th Century and fully emerged in the 1950s. Walter C. takes us to the heartland of America where blues, country, and gospel influences created this iconic music.



TRANSPORTATION TRIPS

609-443-0511 John Magda, Transportation Manager

Pre-Registration is Required for All Trips. Trip Registration is Monday, May 20, 2024, at 9:00 a.m. If you are unable to participate in a trip, you must call to cancel.

IMPORTANT ANNOUNCEMENT

Registration for trips will no longer be accepted over the phone.

All trip registration must be done <u>in person</u> at the Senior Center or <u>on-line via Community Pass</u>.

If you need transportation to register in person, please call 609-443-0511, no later than 24 hours in advance to make arrangements.

If you do not have a username and password, and need help with Community Pass please call 609-443-0511, prior to registration and we will provide them.

Resorts Casino in Atlantic City, NJ (1 1/2 hours from the Sr. Ctr.)

Wednesday, June 12, 2024

Resorts Casino was the first casino hotel inside of Atlantic City, and the first legal casino outside of Nevada. The site was originally occupied by two three-story wooden Quaker rooming houses, The Chalfonte House and The Haddon House. On May 26, 1978, with crowds of people lined up on the Boardwalk, Resorts International opened its doors for business. The resort completed an expansion in 2004 with the addition of the Rendezvous Tower and converted to a Roaring Twenties theme in 2011.

Lunch is on your own at the casino.

Departure Time: 9:00 a.m. / Return Time: 7:00 p.m. (Charter Bus) Cost: \$10.00 p.p. (You will receive \$18.00 slot play from Resorts)

Wildwoods Boardwalk in Wildwood, NJ (2 1/4 hours from the Sr. Ctr.) Tuesday, June 25, 2024

Since its birth as a mere 150-yard stretch of boards in the 1890s, the Wildwoods Boardwalk has always been the center of activity. Over the years the Boardwalk has gone through many transformations: growing and evolving with the mood of the country and moving closer to the ocean due to the changing shoreline.

The Wildwoods' award-winning Boardwalk features 38 blocks packed end-to-end with shops, waterparks, eateries, entertainment and amusement piers with over 100 rides and attractions. The sights, the sounds, and the smells of the boardwalk are just pure sensory overload! Whether you want to walk along the boardwalk, take in the carnival-like atmosphere, or simply enjoy the refreshing salt air — there's always something happening.

The famous Sightseer tram car has been in service since 1949. (Available for a fee)

You will be on your own to enjoy lunch and this wonderful boardwalk.

Walking is required for this trip.

Departure Time: 8:30 a.m. / Return Time: 5:30 p.m. (Charter Bus)

Cost: \$10.00 p.p.

The Seeing Eye in Morristown, NJ (1 1/4 hours from the Sr. Ctr.) Thursday, June 27, 2024

Since 1929, The Seeing Eye training school has helped people who are blind discover the exhilarating experience of traveling with a Seeing Eye dog. The Seeing Eye, Inc. is the world's oldest guide school and breeds, raises, and trains the world-famous Seeing Eye dogs. They train people who are blind how to use and care for these remarkable dogs. You will learn more about The Seeing Eye, vision loss, and the right of people who use guide dogs to go anywhere the general public can go.

Piattino Restaurant

88 East Main Street, Mendham, NJ

Please choose one of the following meals for lunch: Pan Seared Salmon, Chicken Francese, and Steak Frites. All meals come with family style: Caesar Salad, Stone Fired Meatball Sliders, and Assorted Miniature Pastries for Dessert. Beverage choices are: Hot Coffee, Hot Tea, and Soda.

Departure Time: 8:15a.m. / Return Time: 3:45 p.m. (Township Bus)

Visit Program: 10:00 a.m.— 12:00 p.m.

Cost: \$65.00 p.p. (Includes: Visit Program, Plated Luncheon, Caesar Salad, Meatball Sliders, Dessert, Hot Coffee,

Hot Tea, Soda, and Gratuity)

Future trips are listed below. Please register on Monday, May 20, 2024, registration date.

Kutztown Folk Festival in Kutztown, PA (1 3/4 hours from the Sr. Ctr.) Tuesday, July 2, 2024

The Kutztown Folk Festival is the oldest continuously operated folklife festival in America. At the Kutztown Folk Festival, a visitor experiences more music, more entertainment, more fun, and far less work than they would in a Pennsylvania Dutch household. Today, one can still find traditional craftsmen and folk artists at the festival demonstrating the skills and tools that helped build this great country. Farming and folklife demonstrations abound throughout the grounds. The phrase "eat till ya ouch" still has great meaning as fabulous Pennsylvania Dutch food continues to tempt visitors. The sounds of square dancing jiggers and folk music fill the air. Of course, the pageantry and symbols of Pennsylvania Dutch culture such as quilts and barn stars still catch the eye of all who attend. This unusual festival had been featured twice in *National Geographic* and has been called "one of the most unique festivals on the East coast" by the *Washington Post*, with good reason.

Walking is a must for this trip, so please wear comfortable walking shoes.

Departure Time: 8:30 a.m. / Return Time: 4:00-4:15 p.m. (Charter Bus) This trip will go rain or shine. Cost: 13.00 p.p. (Includes: Admission Only)



Future trips are listed below. Please register on Monday, May 20, 2024, registration date.

New York Botanical Garden in Bronx, NY (1 1/4 hours from the Sr. Ctr.) Tuesday, July 9, 2024

For more than 130 years, millions have visited the 250-acre New York Botanical Garden—a National Historic Landmark. Both indoor and outdoor collections of over a million unique specimens have been chosen for the nature observer and for the scientist looking to discover the next great lesson from nature. The Native Plant Garden provides shelter and sustenance for wildlife and is a magnet for squirrels, chipmunks, frogs, and a colorful array of birds and butterflies. The Rock Garden is described as one of the most beautiful gardens of its kind in the world.

The theme for this year's major exhibit "**Wonderland: Curious Nature**" is unbelievable, unfamiliar, and the Garden as never before. Alice's world of imagination is made real with thousands of technicolor flowers. There is always something new to see!

Indoor and outdoor walking are required for this trip.
You are on your own to enjoy the Garden.
Lunch can be purchased on site.

Departure Time: 9:00 a.m. / Return Time: 3:30 p.m. (Charter Bus) Cost: 27.00 p.p. (Includes: Admission to the Garden)

Footloose @ Surflight Theatre in Beach Haven, NJ (1 1/2 hours from the Sr. Ctr.) Tuesday, July 16, 2024

Big-city teenager, Ren, relocates from Chicago to the small rural town of Bomont, where its inhabitants have imposed an unjust ban on Rock and Roll and dancing. Feeling trapped and confused, Ren tries to fit in; however, he will soon find himself neck-deep in trouble when beautiful Ariel Moore, the preacher's daughter, catches his eye. Now, to convince the city council to lift the ban on dancing, Ren has no choice but to fight prejudice and the community's fire-and-brimstone preacher through dance. Let's go to see if Ren is fighting a losing battle!

Buckalew's Restaurant & Tavern 101 N. Bay Ave, Beach Haven

Please choose one of the following meals for lunch: Chicken Pot Pie, Shrimp Tacos, Buddah Bowl, Traditional Cheeseburger, or Grilled Chicken Caesar Salad with Manhattan Clam Chowder. All meals come with House Salad, Rolls, and Dessert. Beverage choices are: Hot Coffee, Hot Tea, and Soft Beverage.

Steps and walking from the restaurant to the theatre are required for this trip

Departure Time: 9:45 a.m. / Return Time: 6:00-6:30 p.m. (Charter Bus)

Show Time: 2:00 p.m. - 4:30 p.m. (with intermission)

Cost: \$62.00 p.p. (Includes: Show, House Salad, Plated Lunch, Dessert, Hot Coffee, Hot Tea, Soft Beverage, and Cratvity)

and Gratuity)

Important Transportation Information

All Members MUST BE ENROLLED in our computer system (Community Pass) *prior to registering for trips*. If you have a **purple** membership card, your membership is current. You must have a cell phone number on file in order to go on any trips with us.

You Must PRE-REGISTER for all trips. The registration date and time is listed on the front cover of the Senior Focus and the top of the Transportation Trips Section of the Senior Focus.

Please keep in mind that not all trips are wheelchair/scooter accessible. Therefore, please call the office **prior** to registration day to determine which trips are accessible

Your seat will be assigned by the transportation department via a lottery system which is done prior to the trip date. You cannot change your seat number with anyone once it is assigned to you. You will be notified the day before the trip via email (if you have one on file with us), or via phone regarding your seat number. Please be sure to arrive 15 minutes prior to our departure time listed in the trip box.

In Person Trip Registration:

Trip Registration takes place in the Senior Center, in the left room.

Doors open at 8:30 a.m., enter through the Front Door.

You cannot save a space in line for another member.

Registration starts at 9:00 a.m. (satellite/universal time)

Carefully complete the front AND back of the trip registration form.

One form PER member.

You can register for yourself and ONE additional member.

If you are registering for yourself and your spouse, then you cannot register for anyone else.

Payments:

Payments are made via personal check, credit card or EXACT cash. We do not make change.

One check per household for total amount of registered trips.

DO NOT fill in the check amount until you know the total amount due.

Make checks payable to: **Township of Monroe**

If you are registering for yourself and another member with a different address, then TWO SEPARATE CHECKS are required.

At Home via Community Pass:

Registration starts at 9:00 a.m., not a second before. Please use satellite/universal time.

If you have logged into Community Pass prior to 9:00 a.m. you will need to REFRESH your browser. Otherwise, you will not see the trips when they become "Public."

You are only able to register for yourself and other members of your household on Community Pass.

DO NOT ADD SOMEONE TO YOUR ACCOUNT. Doing so will not enroll the person because a Senior Center membership is required to be done in person.

If Community Pass is an issue for you, then you have the option of registering in-person as noted in the Focus.

Trip Cancellation Information

To avoid cancelling a trip, please check your personal calendar *before* registering with us. You must call the office if you need to cancel, as this will enable us to call someone else on the waitlist. Thank you for your consideration.

Our answering machine operates 24 hours a day. Please leave a message with your name, phone number, and the trip date that you would like to cancel.

A REFUND WILL BE GIVEN ONLY IF:

Your seat is replaced by someone on our waiting list OR the trip is cancelled by us!

You are not allowed to give your seat to a friend.