

Office of the Mayor



Proclamation

PARK & RECREATION MONTH JULY 2025

WHEREAS, parks and recreation is an integral part of communities throughout this country, including The Township of Monroe, Middlesex County; and

WHEREAS, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS, parks and recreation is fundamental to the environmental well-being of our community; and

WHEREAS, park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, the attraction and retention of businesses, and crime reduction; and

WHEREAS, Monroe Township recognizes the benefits derived from parks and recreation resources.

NOW, THEREFORE, be it resolved, that I, STEPHEN DALINA, Mayor of the Township of Monroe, do hereby proclaim the month of July as Park and Recreation Month and further extend appreciation to our Director, Mary Lange, and to her office for the vital services they perform and their exemplary dedication to the community they represent.

Dated: July 1, 2025


STEPHEN DALINA, MAYOR