

Office of the Mayor



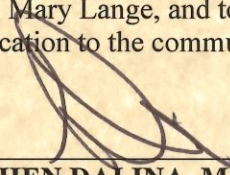
Proclamation

PARK & RECREATION MONTH JULY 2026

- WHEREAS,** parks and recreation is an integral part of communities throughout this country, including The Township of Monroe, Middlesex County; and
- WHEREAS,** parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and
- WHEREAS,** parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and
- WHEREAS,** parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and
- WHEREAS,** parks and recreation is fundamental to the environmental well-being of our community; and
- WHEREAS,** park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and
- WHEREAS,** parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, the attraction and retention of businesses, and crime reduction; and
- WHEREAS,** Monroe Township recognizes the benefits derived from parks and recreation resources.

NOW, THEREFORE, be it resolved, that I, STEPHEN DALINA, Mayor of the Township of Monroe, do hereby proclaim the month of July as Park and Recreation Month and further extend appreciation to our Director, Mary Lange, and to her office for the vital services they perform and their exemplary dedication to the community they represent.

Dated: July 1, 2026


STEPHEN DALINA, MAYOR