

Office of the Mayor



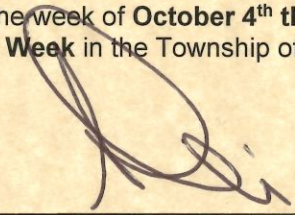
Proclamation

Becker Muscular Dystrophy Awareness Week October 4– 10, 2026

- WHEREAS,** Becker muscular dystrophy (BMD) is an inherited degenerative muscle disorder that occurs almost exclusively in males. BMD is similar to Duchenne's –both are caused by a mutation in the dystrophin gene on the X chromosome. This protein is an important building block that helps give muscles structure and strength; and
- WHEREAS,** both DMD and BMD primarily affect skeletal muscles, which are used for movement, and heart (cardiac) muscle. However, BMD is less common, 1 in 35,000 males worldwide, and has a later onset and slower progression than DMD; and
- WHEREAS,** symptoms typically appear between the ages of 5 and 15 and include difficulty with walking, rising from the floor, running, hopping, jumping. Generalized weakness first affects muscles of the hips, pelvic area, thighs and shoulders. Calves are often enlarged; and
- WHEREAS,** due to heart muscle weakening, people with BMD have a high risk of developing heart disease (cardiomyopathy); and
- WHEREAS,** there are medical treatments that may help slow its progression, there is currently no cure for all types of Muscular Dystrophy; and
- WHEREAS,** because it is a rare disease, one of our greatest tools in the fight to end all types of Muscular Dystrophy is raising awareness; and
- WHEREAS,** the Muscular Dystrophy Association supports over 150 research projects worldwide, assists families, and provides more than 3,800 kids with MD a summer camp experience annually; and
- WHEREAS,** MDA's St. Patrick's Day Shamrock fundraiser is supported by more than 25,000 retailers in hometowns across America throughout the month of March along with the annual MDA Muscle Walk, held annually in May. The MDA works with families to bring strength, independence and life to kids and adults with muscular dystrophy and related life-threatening diseases.

NOW, THEREFORE, BE IT RESOLVED THAT I, STEPHEN DALINA, Mayor of the Township of Monroe, do hereby proclaim the week of **October 4th thru 10th, 2026** as **Becker Muscular Dystrophy Awareness Week** in the Township of Monroe.

Dated: October 1, 2026



Stephen Dalina, Mayor