

EXERCISE CLASSES SPRING 2024

NAME: _____ HOME PHONE: _____

NEED TRANSPORTATION? YES NO WHEELCHAIR YES NO

If YES, please list address: _____

PLEASE MAKE CHECKS PAYABLE TO "TOWNSHIP OF MONROE"

You must sign up to participate in the following programs and activities

<u>CLASSES</u>	<u>DATE</u>	<u>FEE</u>
<input type="checkbox"/> CARDIO BLAST	MONDAY - 4/08-6/10	\$32.00
<input type="checkbox"/> TOTAL BODY RESET	MONDAY - 4/08-6/10	\$32.00
<input type="checkbox"/> GENTLE STRETCH	MONDAY - 4/08-6/03	\$32.00
<input type="checkbox"/> MAT YOGA	TUESDAY - 4/09-6/11	\$32.00
<input type="checkbox"/> DRUMS ALIVE - 10:15 A.M. CLASS	TUESDAY - 4/09-6/11	\$32.00
<input type="checkbox"/> DRUMS ALIVE - 11:30 A.M. CLASS	TUESDAY - 4/09-6/11	\$32.00
<input type="checkbox"/> TOTAL TONING	WEDNESDAY - 4/10-5/29	\$32.00
<input type="checkbox"/> MOVE & GROOVE (A)	WEDNESDAY - 4/10-5/29	\$32.00
<input type="checkbox"/> RAISE THE BARRE	WEDNESDAY - 4/10-6/12	\$32.00
<input type="checkbox"/> BALLROOM, LATIN & SWING DANCE	WEDNESDAY - 4/10-5/15	\$50.00 per couple
<input type="checkbox"/> CHAIR YOGA	THURSDAY - 4/11-5/30	\$32.00
<input type="checkbox"/> BODY WORKS	THURSDAY - 4/11-5/30	\$32.00
<input type="checkbox"/> GENTLE STRETCH PLUS	THURSDAY - 4/11-5/30	\$32.00
<input type="checkbox"/> ZUMBA GOLD	FRIDAY - 4/12-6/21	\$32.00
<input type="checkbox"/> FUN FRIDAY	FRIDAY - 4/12-6/14	\$32.00
<input type="checkbox"/> MOVE & GROOVE (B)	FRIDAY - 4/12-5/31	\$24.00

PLEASE REFER TO CLASS FLYER FOR A COMPLETE SCHEDULE, INCLUDING CLASS POSTPONEMENTS DUE TO HOLIDAY CLOSINGS AND LAST DAY OF CLASS.