

EXERCISE CLASSES SUMMER 2024

NAME: _____ HOME PHONE: _____

NEED TRANSPORTATION? YES NO WHEELCHAIR YES NO

If YES, please list address: _____

PLEASE MAKE CHECKS PAYABLE TO "TOWNSHIP OF MONROE"

You must sign up to participate in the following programs and activities

<u>CLASSES</u>	<u>DATE</u>	<u>FEE</u>
<input type="checkbox"/> CARDIO BLAST	MONDAY - 6/24-8/26	\$40.00
<input type="checkbox"/> TOTAL BODY RESET	MONDAY - 6/24-8/26	\$40.00
<input type="checkbox"/> GENTLE STRETCH	MONDAY - 6/24-9/09	\$40.00
<input type="checkbox"/> MAT YOGA	TUESDAY - 6/25-9/03	\$40.00
<input type="checkbox"/> DRUMS ALIVE - 10:15 A.M. CLASS	TUESDAY - 6/25-8/27	\$40.00
<input type="checkbox"/> DRUMS ALIVE - 11:30 A.M. CLASS	TUESDAY - 6/25-8/27	\$40.00
<input type="checkbox"/> TOTAL TONING	WEDNESDAY - 6/26-8/28	\$40.00
<input type="checkbox"/> MOVE & GROOVE (A)	WEDNESDAY - 6/26-9/04	\$40.00
<input type="checkbox"/> RAISE THE BARRE	WEDNESDAY - 6/26-9/04	\$40.00
<input type="checkbox"/> BALLROOM, LATIN & SWING DANCE	WEDNESDAY - 6/26-8/07	\$50.00 <i>per couple</i>
<input type="checkbox"/> CHAIR YOGA	THURSDAY - 6/27-9/05	\$32.00
<input type="checkbox"/> BODY WORKS	THURSDAY - 6/27-9/05	\$32.00
<input type="checkbox"/> GENTLE STRETCH PLUS	THURSDAY - 6/27-9/05	\$32.00
<input type="checkbox"/> ZUMBA GOLD	FRIDAY - 6/28-9/13	\$40.00
<input type="checkbox"/> FUN FRIDAY	FRIDAY - 6/28-9/06	\$40.00
<input type="checkbox"/> MOVE & GROOVE (B)	FRIDAY - 6/28-9/13	\$40.00

PLEASE REFER TO CLASS FLYER FOR A COMPLETE SCHEDULE, INCLUDING CLASS POSTPONEMENTS DUE TO HOLIDAY CLOSINGS AND LAST DAY OF CLASS.