

Office of Drug Monitoring & Analysis Drug Monitoring Initiative (DMI) COVID-19 Resource Guide





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Summary

The spread of COVID-19 has negatively impacted statewide infrastructure and reduced the availability of a wide number of Health and Prevention Sharing Network (HPSN) resources, which are essential for DMI partners and the individuals they serve.

In response to the COVID-19 (coronavirus) pandemic, NJ's Drug Monitoring Initiative (DMI) has created a "New Jersey Resource Guide" to provide DMI partners and the public with links to relevant resources for a variety of topics.

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NJSP DMI COVID-19 Resource Guide – Mental Health Support

Program Name	Coverage Area	Description	Contact	Website
New Jersey Mental Health Cares	New Jersey	NJ Mental Health Cares is New Jersey's behavioral health information and referral service. Our staff of behavioral care specialists use their experience and understanding of the behavioral health system to provide emotional support for issues related to COVID-19 and other mental concerns.	1-866-202-Help (4357) TTY: 877-294-4356 help@njmentalhealthcares.org	www.njmentalhealthcares.org
NAMI New Jersey	New Jersey	NAMI NJ is dedicated to improving the lives of people affected by mental illness.	732-940-0991 In a crisis text NAMI to 74174	http://www.naminj.org/where-to-get-help/state-services/
SAMHSA	Nationwide	Disaster Distress help line, 24/7 365 days a year. Substance abuse, mental health services and crisis counseling.	1-800-985-5990	https://www.samhsa.gov/find-help/disaster-distress-helpline
FCP/DOW Community Program Directory	New Jersey by County	The Family and Community Partnerships' Community Program Directory provides public access to statewide resources that are designed to support family success and keep children safe.	1-800-572-SAFE (7233) TTY:888-252-SAFE (7233)	https://www.nj.gov/dcf/families/dfcp/index.html https://www.nj.gov/dcf/families/dfcp/DFCPDirectory.pdf
AFSP	Online Resource	Resources for mental health during this time.		https://afsp.org/taking-care-of-your-mental-health-in-the-face-of-uncertainty/
Coronavirus Anxiety Resources	Nationwide	The team at Shine, in partnership with Mental Health America, has vetted and compiled a wealth of research-backed and helpful tools for you— articles, meditations, access to mental health experts, anxiety screenings, and more.	-	https://www.virusanxiety.com/?fbclid=IwAR2FFrjgYGpUB6aLdfY9-bxxYUCBzxFjIJMsSjqqg5qb1YP80gLBr3QRHHA
Vets4Warriors	National	A 24/7 program for veterans who have served In wars	833-422-2765	https://www.vets4warriors.com/
Mom2Mon	New Jersey	Mothers with special needs children 8am - 8pm	877-914-6662	http://www.mom2mom.us.com/GlassbookProject.htm
Care2Caregiver	New Jersey	Family members who are caring for family members with memory loss, Alzheimer's, dementia or a related disorder 8am - 8pm	800-424-2494	http://www.care2caregivers.com/resources/
Cop2Cop	New Jersey	24-hour peer support program for NJ Law Enforcement Officers and their families.	866-267-2267	https://njcop2cop.com/
Worker2Worker	New Jersey	for DCP&P workers 8am - 8pm	855-327-7482	
Aid NJEA	New Jersey	school staff members and their families	866-243-6532	https://www.njea.org/aid-njea/

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NJSP DMI COVID-19 Resource Guide – Crisis Hotlines

Program Name	Coverage Area	Description	Contact	Email
NJ Hope Line	New Jersey	New Jersey's 24/7 Peer Support & Suicide Prevention Hotline, specialists are available for confidential telephone counseling and support 24 hours a day, 7 day per week. You're not alone ... we are only a phone call away.	855-654-6735 njhopeline@ubhc.rutgers.edu	www.njhopeline.com
National Suicide Hotline	Nationwide	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.	800-273-8255	www.suicidepreventionlifeline.org
American Association of Poison Control Centers	Nationwide	Poison control centers offer free, confidential, expert medical advice 24/7 and our new online, interactive tool, PoisonHelp.org.	800-222-1222	www.aapcc.org
The Poison Help Hotline	Nationwide	The Poison Help hotline connects callers to their local poison control center anywhere in the United States and territories.	800-222-1222	www.poisonhelp.org
2nd Floor	New Jersey	2NDFLOOR is a confidential and anonymous helpline for NJ's youth and young adults. We are available 24/7 365 days a year.	1-888-222-2228 info@2NDFLOOR.org	www.2ndfloor.org
National Domestic Violence Hotline	Nationwide	24/7 support for victims and survivors.	800-799-7233	https://www.thehotline.org/
National Sexual Assault Hotline (R.A.I.N.N. Rape Abuse and Incest National Network)	Nationwide	24/7 help via phone and online chat for survivors and their loved ones. Free and confidential.	Call 800-656-HOPE (4673)	https://www.rainn.org/about-rainn
Self-Injury Hotline	Nationwide	S.A.F.E. ALTERNATIVES® is a nationally recognized treatment approach, professional network, and educational resource base, committed to helping you achieve an end to self-injurious behavior.	Call 800-DONT-CUT (366-8288)	https://carrierclinic.org/2019/08/06/cutting-and-self-injury/
The Trevor Project	Nationwide	The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.	Call 866-488-7386, text START to 678678	https://www.thetrevorproject.org/get-help-now/
Statewide Domestic Violence Hotline	New Jersey	The Office of Domestic Violence Services (ODVS) funds 22 domestic violence programs and the New Jersey Coalition to End Domestic Violence. There is at least one DCF-funded domestic violence program in each of New Jersey's 21 counties.	1-800-572-SAFE (7233) TYY:888-252-SAFE (7233)	https://www.nj.gov/dcf/women/domestic/
National Human Trafficking Hotline	Nationwide	The National Human Trafficking Resource Center (NHTRC) is a national, toll-free hotline, available to answer calls and texts from anywhere in the country, 24 hours a day, 7 days a week, every day of the year.	1-888-373-7888	https://www.acf.hhs.gov/acf-hotlines#chapter-4

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NJSP DMI COVID-19 Resource Guide – National Resources

Program Name	Coverage Area	Description	Website
CDC's COVID-19 page	Nationwide	COVID-19 updates and info from the Center for Disease Control	https://www.cdc.gov/coronavirus/2019-ncov/index.html
WHO's COVID-19 page	Worldwide	COVID-19 updates and info from the World Health Organization	https://www.who.int/emergencies/diseases/novel-coronavirus-2019
FEMA Declaration	Nationwide	President Trump declared a nationwide emergency pursuant to Sec. 501 (b) of the Robert T. Stafford Disaster Relief and Emergency Assistance Act (the "Stafford Act). This increases federal support to the Department of Health and Human Services (HHS) as the lead federal agency for the COVID-19 response. As a result, FEMA has been directed to assist state and local governments and other eligible entities with the health and safety actions they take on behalf of the American public.	https://www.fema.gov/news-release/2020/03/13/covid-19-emergency-declaration
CDC COVID-19 Resources for Children	Nationwide	Free tips and resources for how to talk to your kids about Coronavirus	https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html
CDC White House Page on Coronavirus	Nationwide	We have 15 critical days to slow the spread of Coronavirus. See the latest guidelines from the President and the CDC.	https://www.coronavirus.gov/
Johns Hopkins Corona Resource Center	Worldwide	Johns Hopkins experts in global public health, infectious disease, and emergency preparedness have been at the forefront of the international response to COVID-19. This website is a resource to help advance the understanding of the virus, inform the public, and brief policymakers in order to guide a response, improve care, and save lives.	https://coronavirus.jhu.edu/
Johns Hopkins Live Coronavirus Dashboard/Map	Worldwide	Johns Hopkins Live Mapping	https://coronavirus.jhu.edu/map.html
FEMA	Nationwide	Coronavirus (COVID-19) Response	https://www.fema.gov/coronavirus
US Small Business Administration	Nationwide	Disaster assistance; The SBA provides low-interest disaster loans to help businesses and homeowners recover from declared disasters.	https://www.sba.gov/funding-programs/disaster-assistance



NJSP DMI COVID-19 Resource Guide – State Resources

Program Name	Coverage Area	Summary	Contact	Email
NJ Health Communicable Disease	Statewide	Our resource pages includes guidance for travelers, resources for healthcare providers, and informational materials in multiple languages.		https://www.nj.gov/health/cd/topics/ncov.shtml
NJ Cares	Statewide	Real-time Dashboard of Opioid- Related Data and Information		https://www.njcares.gov/
New Jersey Mental Health Cares	Statewide	NJ Mental Health Cares is New Jersey's behavioral health information and referral service. Our staff of behavioral care specialists use their experience and understanding of the behavioral health system to provide emotional support for issues related to COVID-19 and other mental concerns.	1-866-202-Help (4357) TYY: 877-294-4356 help@njmentalhealthcares.org	www.njmentalhealthcares.org
Directory of Local Health Departments	Statewide	Directory of Local Health Departments		https://www.nj.gov/health/lh/documents/LocalHealthDirectory.pdf
NJ Motor Vehicle Commission	Statewide	NJ MVC COVID-19 frequent Updates		https://www.state.nj.us/mvc/
NJ Department of Education	Statewide	New Jersey Department of Education COVID-19 Updates		https://www.nj.gov/education/topics/index.shtml
New Jersey Department of Military and Veterans Affairs	Statewide	Department of Military and Veterans Affairs		https://www.nj.gov/military/veterans/



NJSP DMI COVID-19 Resource Guide – Food Banks by County

Program Name	Coverage Area	Address	Telephone
Dept. of Family and Community Devel.	Atlantic County	1333 Atlantic Avenue, Atlantic City, NJ	(609) 348-3001
Community Food Bank Southern Branch	Atlantic County	6735 Black Horse Pike Egg Harbor, NJ 08234	(609) 383-8843
Atlantic City Rescue Mission	Atlantic County	2009 Bacharach Boulevard, Atlantic City NJ 08401	(609) 345-5517
Jewish Family of Atlantic County	Atlantic County	607 North Jerome Ave, Margate, NJ 08402	(609) 822-2381
Main Street Pantry	Atlantic County	6011 Main Street Mays Landing, NJ 08330	(609) 432-9177
Salvation Army – Mays Landing	Atlantic County	1309 Route 50 Mays Landing, NJ 08330	(609) 625-1212
Salvation Army Buena	Atlantic County	600 Central Avenue, Minotola, NJ 08341	(856) 696-5252
Salvation Army - Atlantic City	Atlantic County	22 South Texas Ave. Atlantic City, NJ 08401	(609) 344-0660
Atlantic Human Resources Food Pantry	Atlantic County	119 West Bayview Avenue, Pleasantville, NJ 08232	(609) 641-5111
Mount Zion Baptist Church	Atlantic County	Site: 353 South New Road, Pleasantville, NJ 08232	(609) 641-4337
Bergen County Board of Social Services	Bergen County	218 Route 17 North, Rochelle Park, NJ 07662	(201) 368-4200
Salvation Army of Hackensack	Bergen County	436 Union Street Hackensack, NJ 07601	(201) 342-6531
Salvation Army of Englewood	Bergen County	380 S. Van Brunt Street, Englewood, NJ 07631	(201) 503-9400
Center for Food Action	Bergen County	192 West Demarest Avenue, Englewood NJ 07631	(201) 569-1804
Church of the Epiphany Food Pantry	Bergen County	247 Knox Avenue Cliffside Park, NJ	(201) 943-7320



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Program Name	Coverage Area	Address	Telephone
Center for Food Action	Bergen County	316 First St. Hackensack, NJ	(201) 883-9375
Cliffside Park Borough Hall	Bergen County	525 Palisade Avenue, Cliffside Park NJ	(201) 945-3456
Faith Christian Counseling Center	Burlington County	704 Cooper St., Beverly, NJ 08010	(609) 880-3025
Christian Caring Center	Burlington County	378 Lakehurst Road, Browns Mills, NJ 08015	(609) 893-0700
St. Ann's Church Food Pantry	Burlington County	22 Trenton Road, Browns Mills, NJ 08015	(609) 893-3246 x29
Burlington Food Program	Burlington County	356 Conover St. Burlington, NJ 08016	(609) 386-6133
Holy Light Church of Jesus Christ	Burlington County	133 East Union Street, Burlington, NJ 08016	(609) 387-3183
Saint Mary Street United Methodist	Burlington County	483 St. Mary Street, Burlington, NJ 08016	(609) 387-1518
Sisterhood	Burlington County	132-136 East Broad Street, Burlington, NJ 08016	(609) 747-9333
Tabernacle Baptist Church Soup Kitchen	Burlington County	150 East 2nd Street, Burlington, NJ 08016	(609) 386-4785
Catholic Charities	Burlington County	801 Burlington Avenue, Delanco, NJ 08075	(856) 764-6940
Prince of Peace Lutheran Church	Burlington County	61 Rt. 70 East Marlton, NJ 08053	(856) 983-0607
Society of Saint Vincent DePaul	Burlington County	260 High Street, Mt. Holly, NJ 08060	(609) 267-9600
Interfaith Hospitality Network	Burlington County	16 E main St, Moorestown NJ 08057	(856) 638-0110
Saint Vincent DePaul Society of Holy	Burlington County	520 Medford Lakes Rd, Tabernacle Township, NJ 08088	(609) 268-0005
Emergency Food, Neighborhood Center	Camden County	278 Kaighn Ave, Camden 08103	(856) 365-5295
Little Rock Baptist Church	Camden County	1210 Kenwood Ave, Camden 08103	(856) 757-0440
Parkside United Methodist Church	Camden County	1418 Kaighns Ave, Camden 08103	(856) 964-2254
The Lord's Cupboard	Camden County	615 Jackson Rd, Atco 08004	(856) 768-0022



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Program Name	Coverage Area	Address	Telephone
Audubon United Methodist Church	Camden County	314 W Graisbury Ave, Audubon 08106	(856) 547-6114
Salvation Army, Inc.	Cape May County	P.O. Box 316, Vineland, New Jersey 08360	(856) 696-5252
Salvation Army, Inc.	Cape May County	Cape May	(609) 861-2816
Salvation Army, Inc.	Cape May County	Ocean City	(609) 525-9288
Salvation Army, Inc.	Cape May County	Wildwood	(609) 889-2699
Salvation Army, Inc.	Cape May County	Cape May Court House	(609) 465-7087
Spanish Community Center-SHOREAhec	Cape May County	303 Summer Street, Landisville, New Jersey 08326	(856) 697-2967
St. Barnabas By the Bay Episcopal	Cape May County	13 W. Bates Avenue, Villas, New Jersey 08251	(609) 886-5960
Catholic Charities	Cape May County	1304 Route 47 S Village Shoppes, Rio Grande, NJ 08242	(609) 886-2662
Christ Gospel Church	Cape May County	2209 Route 9, Whitesboro, New Jersey 08252	(609) 390-0664
Community Food Bank of NJ	Cape May County	6735 Black Horse Pike, Egg Harbor Twp, New Jersey 08234	(609) 383-8843
Community Food Cupboard	Cape May County	8th & Central Avenue, Ocean City, New Jersey 08226	(609) 399-2988
First Presbyterian Church of Cape May	Cape May County	500 Hughes Avenue, Cape May, New Jersey 08204	(609) 884-3949
First United Methodist Church	Cape May County	1 Church Street, Cape May, New Jersey 08204	(609) 465-7087
Food Bank of South Jersey	Cape May County	St. Mary's Thrift Shop, Rio Grande, New Jersey 08242	(609) 393-8843 x106
Church of the Resurrection	Cape May County	200 West Tuckahoe Road, Marmora, New Jersey 08223	(609) 390-0664



NJSP DMI COVID-19 Resource Guide – Senior Services

Name	Coverage Area	Description	Website
Meals on Wheels	Nationwide	Vulnerable seniors are at the greatest risk amid COVID-19. Local Meals on Wheels programs are on the front lines every day, focused on doing all they can to keep older Americans safe and nourished in communities across the country.	https://www.mealsonwheelsamerica.org
Senior and Vulnerable Shoppers - Special Hours	Nationwide	Many stores are opening early or offering special shopping times for seniors and vulnerable shoppers. See list to the right and be sure to check with individuals stores in your area to verify.	
Scoop 4 Seniors	Nationwide	19 Free Services for Seniors or Their Caregivers	http://seniornet.org/blog/19-free-services-for-seniors-or-their-caregivers/
Salvation Army	Nationwide	The Salvation Army of New Jersey is committed to meeting the needs of our community during the Coronavirus pandemic. Our corps community centers are prepared to assist those in need of emergency services, which includes our feeding programs. With the disproportionate risk to the senior population we are conducting an outreach to senior citizens in communities to ensure that they stay safe and that they have necessary provisions.	https://newjersey.salvationarmy.org/
National Council on Aging	Nationwide	UPDATED: Coronavirus: What Older Adults Need to Know	https://www.ncoa.org/blog/coronavirus-what-older-adults-need-to-know/
AARP	Nationwide	7 Ways to Boost Your Loved One's Morale During the Coronavirus Epidemic	https://www.aarp.org/caregiving/health/info-2020/boost-morale-during-coronavirus.html



NJSP DMI COVID-19 Resource Guide – Veterans

Name	Coverage Area	Description	Website
VA - Public Health Novel Coronavirus Disease (COVID-19)	Nationwide	Public health page hosted by the US Dept. of Veterans Affairs regarding COVID-19. It includes information on what the VA is currently doing, how veterans and their families can protect themselves, and viral statistics on veterans with positive COVID-19 diagnoses.	https://www.publichealth.va.gov/n-coronavirus/index.asp
VA National Center for PTSD - COVID-19: Resources for Managing Stress	Nationwide	Resources from the National Center for PTSD for managing stress and anxiety associated with the COVID-19 outbreak.	https://www.ptsd.va.gov/covid/index.asp
New Jersey Department of Military and Veterans Affairs	Statewide	Department of Military and Veterans Affairs	https://www.nj.gov/military/veterans/
NJ Vet 2 Vet	New Jersey	Veterans Counseling Hotline NJVet2Vet understands and wants to assure you that we have worked through contingency plans that allow our peers to remain standing by 24/7 to talk with you and connect you to needed resources. 866-VETS-NJ4	www.njvet2vet.com
Vets4Warriors	National	A 24/7 program for veterans who have served In wars 833-422-2765	https://www.vets4warriors.com/



NJSP DMI COVID-19 Resource Guide – First Responders

Name	Coverage Area	Description	Website
CDC	Nationwide	Resources for First Responders and Law Enforcement	https://www.cdc.gov/coronavirus/2019-ncov/community/first-responders.html
CDC COVID-19 Interim Guidance for EMS	Nationwide	Interim Guidance for Emergency Medical Services (EMS) Systems and 911 Public Safety Answering Points (PSAPs) for COVID-19 in the United States	https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-for-ems.html
First Responder Center of Excellence	Nationwide	It doesn't matter the day of the week or the time of day, but our nation's first responders answer their call to duty without hesitation. While they train and prepare tactically for their daily responses, they must also be physically and mentally prepared for those same calls.	https://www.firstrespondercenter.org/
NENA	Nationwide	NENA works with public policy leaders; emergency services and telecommunications industry partners; like-minded public safety associations; and other stakeholder groups to develop and carry out critical programs and initiatives; to facilitate the creation of an IP-based Next Generation 9-1-1 system; and to establish industry leading standards, training, and certifications	https://www.nena.org/page/covid19
Centers for Disease Control & Prevention	Nationwide	Emergency Responders: Tips for taking care of yourself	https://emergency.cdc.gov/coping/responders.asp
Fire Rescue 1	Nationwide	COVID-19: Simple steps firefighters can implement today	https://www.firerescue1.com/coronavirus-covid-19/articles/covid-19-simple-steps-firefighters-can-implement-today-rdpwgkjdxjdQLPt/
EMS1	Nationwide	Self-care is critical for managing stress levels in EMTs and paramedics responding to COVID-19	https://www.ems1.com/mental-health/articles/self-care-is-critical-for-managing-stress-levels-in-emts-and-paramedics-responding-to-covid-19-tXvclhD64dZnqPqY/
Policeone.com	Nationwide	Coronavirus considerations for law enforcement	https://www.policeone.com/police-products/infection-control/articles/coronavirus-considerations-for-law-enforcement-for0uubfrYuriZaG/